



SUMMER OPEN MEET 2023



24th & 25th June 2023

Stafford Leisure Centre

Welcome to our Summer Open Meet, we hope all swimmers and spectators have a great weekend of competition.

Thanks to the officials, coaches, Stafford Apex committee and our volunteers for giving up their time this weekend to make this event happen, it really is appreciated.

SATURDAY 24th JUNE

SESSION ONE

Warm up 11:30 Start 12:30

SESSION TWO

Warm up 15.30 Start 16:30

SUNDAY 25th JUNE

SESSION THREE

Warm up 08.30 Start 09.30

SESSION FOUR

Warm up 12.30 Start 13:30

Please note the Entrust Car Park is available to use FOC for the entire weekend. Located off Riverway and a short walk from the Leisure Centre. Please make sure to vacate the car park 30 minutes after the last event finishes as it will be locked.

The Leisure Centre now has a new café who are providing our officials refreshments this weekend. They are open all weekend, please support them and give them your feedback. They particularly want to know what food options are popular for future race days for our swimmers and spectators.

Freedom Leisure have a strict non photograph and non-filming policy throughout the Centre We have gained special permission to film certain heats for GCSE purposes. No other filming must take place. The below heats will be filmed. If you have any concerns regarding this, please speak to the meet organiser in the timing office.

<u>Event</u>	<u>Heat</u>
2	4
3	7
4	13
10	10
12	6
14	9
16	3
17	12
19	8
20	7
24	7
25	10
26	5
27	7

STAFFORD APEX SUMMER MEET 2023

Event 101 Girls 09 Yrs/Over 200m Freestyle

Sponsored by the Welton Family

H-1	L 2	Isla LOUGHTON	10	Cheadle	4:25.00
	L 3	Imogen WILLIAMS	10	Cheadle	4:20.00
	L 4	Sienna WILLIAMS	9	Cannock Phnx	3:50.00
H-2	L 2	Jenny DELICATA	11	Cheadle	3:35.00
	L 3	Tamika CHIKWARIRO	11	Broadway M	3:23.00
	L 4	Bethany MERRIX	11	Sandwell	3:11.24
	L 5	Harriet TIMMINS	10	Heath Town	3:10.00
H-3	L 1	Megan MILNER	13	Cheadle	3:04.44
	L 2	Hannah GRAHAM	14	Burnley BOBC	3:02.76
	L 3	Cerys HARD	12	Cannock Phnx	2:56.00
	L 4	Phoebie BIRCH	13	StaffordApex	2:55.35
	L 5	Hollie VENNER	13	Broadway M	2:54.71
	L 6	Millie HILL	12	Cheadle	2:54.10
H-4	L 1	Beaux DELLAWAY	11	Cannock Phnx	2:53.17
	L 2	Erin BYRNE	14	Dove Valley	2:46.54
	L 3	Miley-Ann BROWN	13	Cheadle	2:46.09
	L 4	Lauren WARD	12	Cannock Phnx	2:44.30
	L 5	Francesca ARMITT	13	Cheadle	2:42.00
	L 6	Anna SLIUNKOVA	12	Cheadle	2:40.55
H-5	L 1	Sophie SMITH	14	Lichfield	2:37.57
	L 2	Evie BOND	12	Cannock Phnx	2:37.55
	L 3	Lucy CHARLESWORTH	13	Burnley BOBC	2:37.00
	L 4	Chloe DARLING	12	Bilston	2:34.85
	L 5	Lara BARR	14	Cheadle	2:34.51
	L 6	Elodie ROLLINS	17	Bilston	2:34.21
H-6	L 1	Zoe BISENGO	14	Sandwell	2:32.60
	L 2	Sophie CONWAY	14	Lichfield	2:32.60
	L 3	Denni POWERS	14	Bilston	2:29.41
	L 4	Charlotte ROE	16	StaffordApex	2:26.40
	L 5	Charlotte BROOKS	15	Cheadle	2:26.00
	L 6	Brogan MILWARD	14	Cheadle	2:25.11
H-7	L 1	Maddison MCFADDEN	16	Burnley BOBC	2:22.47
	L 2	Paige WELTON	13	StaffordApex	2:18.40
	L 3	Natalie HAWLEY	16	StaffordApex	2:14.05
	L 4	Jasmine BULLOUGH-TEAL	15	Burnley BOBC	2:17.18
	L 5	Scarlett WILLIAMS	16	Cannock Phnx	2:21.83
	L 6	Lily AUSTIN	15	Bilston	2:24.54

Event 102 Boys 09 Yrs/Over 200m Backstroke

Sponsored by Vantage Consulting

H-1	L 2	Erik LYCETT	9	Cannock Phnx	4:20.00
	L 3	George DEAVALL	9	Broadway M	4:00.00
	L 4	Jamie BROWN	12	StaffordApex	3:49.78
H-2	L 1	Freddie CLIFTON	9	Cannock Phnx	3:40.11
	L 2	Alistair DYER	9	Chase	3:30.00
	L 3	Ryan KEATES	12	Cheadle	3:26.15
	L 4	Luke BOWERMAN	14	Cannock Phnx	3:06.94
	L 5	Michal ZWARDON	13	Burnley BOBC	2:54.50
	L 6	Tyler LEWIS	14	Bilston	2:52.66
H-3	L 1	Jayden LAL	12	Bilston	2:50.00
	L 2	Henry DEAVALL	13	Broadway M	2:42.00
	L 3	Victor GASZAK	14	Bilston	2:40.14
	L 4	Finley SPOONER	12	Cheadle	2:38.91
	L 5	Zak RUSSON	12	Bilston	2:34.69
	L 6	Oliver NUTTER	14	Burnley BOBC	2:31.75
H-4	L 1	Jake WEAPELL	15	StaffordApex	2:28.07
	L 2	Ashley KEAY	15	StaffordApex	2:19.12
	L 3	Henry HOLDING	16	Burnley BOBC	2:13.00
	L 4	Ethan WALKER	15	Cheadle	2:14.42
	L 5	Thomas BINNS	15	Burnley BOBC	2:25.83
	L 6	Lewis CLAYTON	15	Burnley BOBC	2:30.35

Event 103 Girls 09 Yrs/Over 50m Butterfly

Sponsored by the Allen Family

H-1	L 2	Phoenix LE ROUX	10	Cannock Phnx	1:20.00
	L 3	Isla LOUGHTON	10	Cheadle	1:04.23

L 4	Sienna WILLIAMS	9	Cannock Phnx	1:03.00	
H-2	L 1	Elizaveta SANDHU	9	Bilston	1:02.00
	L 2	Jessica TOWLSON	10	Cannock Phnx	1:02.00
	L 3	Eden MILWARD	9	Cheadle	1:01.26
	L 4	Adriana PALMER	10	Lichfield	1:00.00
	L 5	Sienna HYLAND	10	Lichfield	58.00
H-3	L 1	D BARKLAM	13	Bilston	57.18
	L 2	Lily-Rose DAVIS	9	Cannock Phnx	57.00
	L 3	Bethany BRINDLEY	9	Cannock Phnx	55.00
	L 4	Imogen WILLIAMS	10	Cheadle	55.00
	L 5	Jasmeen SALL	9	Bilston	54.92
	L 6	Danni DICKINSON	9	Cannock Phnx	53.00
H-4	L 1	Aleksandra SANDHU	12	Bilston	51.60
	L 2	Iris SCAUNASU	12	Bilston	51.00
	L 3	Olivia NODEN	13	Cheadle	50.57
	L 4	Alexandra CLENT	12	Cannock Phnx	50.44
	L 5	Sophie ALLEN	10	StaffordApex	50.31
	L 6	Beau POWERS	10	Bilston	49.94
H-5	L 1	Freya BENNETT	11	Bilston	49.59
	L 2	Izabella RUSSELL	12	Heath Town	49.52
	L 3	Zoe MARSZALEK	11	StaffordApex	49.21
	L 4	Harriet JARMAN	10	Cannock Phnx	48.99
	L 5	Raveen SALL	13	Bilston	47.89
	L 6	Boglarka MALITS	14	Heath Town	46.76
H-6	L 1	Cerys HARD	12	Cannock Phnx	46.57
	L 2	Jenny DELICATA	11	Cheadle	45.00
	L 3	Freya GOULD	11	Lichfield	43.54
	L 4	Evie AMBROSE	12	Bilston	43.34
	L 5	Olivia FINLAY	14	Cannock Phnx	42.38
	L 6	Niamh THOMPSON	12	Lichfield	42.30
H-7	L 1	Isabelle AUSTEN	15	StaffordApex	41.84
	L 2	Daisy HOWE	15	StaffordApex	41.64
	L 3	Amalie READER	12	Heath Town	41.38
	L 4	Lauren WARD	12	Cannock Phnx	40.81
	L 5	Beaux DELLAWAY	11	Cannock Phnx	40.73
	L 6	Niamh ARMITT	10	Cheadle	40.69
H-8	L 1	Evelyn DYER	11	Chase	40.54
	L 2	Camila GARDOS	14	StaffordApex	40.35
	L 3	Isabelle HEATH	10	Cannock Phnx	40.17
	L 4	Olivia THOMAS	13	StaffordApex	40.14
	L 5	Esme EDWARDS	11	Sandwell	39.76
	L 6	Megan MILNER	13	Cheadle	39.72
H-9	L 1	Miley-Ann BROWN	13	Cheadle	39.46
	L 2	Evie BOND	12	Cannock Phnx	39.24
	L 3	Ashlan PAISLEY	14	StaffordApex	38.58
	L 4	Scarlett BIRCH	12	StaffordApex	38.29
	L 5	Grace ALLEN	13	StaffordApex	38.06
	L 6	Natalia MARCZUK	15	Dove Valley	37.36
H 10	L 1	Aliyah RUSHTON	12	Cheadle	36.95
	L 2	Sophie CONWAY	14	Lichfield	36.85
	L 3	Chloe DARLING	12	Bilston	36.24
	L 4	Millicent WIGGINS	13	Lichfield	35.52
	L 5	Lucy CHARLESWORTH	13	Burnley BOBC	35.50
	L 6	Francesca ARMITT	13	Cheadle	35.50
H 11	L 1	Sophie SMITH	14	Lichfield	35.40
	L 2	Ella BEESON	15	Cannock Phnx	34.78
	L 3	Abigail BROWN	14	Dove Valley	34.34
	L 4	Elodie ROLLINS	17	Bilston	34.03
	L 5	Amelia HURST	15	Lichfield	33.94
	L 6	Niamh WHITAKER	12	Burnley BOBC	33.80
H 12	L 1	Grace CHURCHILL	15	Bilston	33.58
	L 2	Katlyn RICHARDSON	13	Bilston	33.13
	L 3	Paige WELTON	13	StaffordApex	32.80
	L 4	Emily TITE	16	Sandwell	32.67
	L 5	Annamaria MAAMOUN	18	StaffordApex	32.66
	L 6	Charlotte ROE	16	StaffordApex	32.54
H 13	L 1	Mia PRICKETT	17	Burnley BOBC	32.30
	L 2	Megan HEWITT	17	Cannock Phnx	31.23
	L 3	Natalie HAWLEY	16	StaffordApex	30.42
	L 4	Lily-Ann DEAN	16	Bilston	30.98

STAFFORD APEX SUMMER MEET 2023

L 5	Maya SMITH	15	Burnley BOBC	31.50
L 6	Harriet BEBBINGTON	18	Cheadle	32.50

Event 104 Boys 09 Yrs/Over 50m Freestyle
Sponsored by the Emery Family

H-1	L 2	Daniel STANTON	11	StaffordApex	
	L 3	Tyler REARDON	10	StaffordApex	
	L 4	John PORTER	10	StaffordApex	1:00.00
	L 5	James GRIGG	9	Heath Town	57.34
H-2	L 1	Dumitru CEBOTARI	9	Bilston	55.73
	L 2	Jack GARDINER	9	Cannock Phnx	55.00
	L 3	Charles WASHINGTON	9	Lichfield	55.00
	L 4	Leo THOMPSON	11	StaffordApex	53.15
	L 5	Erik LYCETT	9	Cannock Phnx	52.97
	L 6	Oscar RUIGROK	10	Lichfield	51.14
H-3	L 1	James WESTWOOD	10	Cannock Phnx	50.50
	L 2	Jack CARTHEY	9	Lichfield	49.56
	L 3	Caden UNDERWOOD	10	Dove Valley	49.40
	L 4	George DEAVALL	9	Broadway M	49.05
	L 5	Hugh CARTLIDGE	9	StaffordApex	48.13
	L 6	Maddox BIDGOOD	10	Lichfield	47.90
H-4	L 1	Jacob VANO	10	Heath Town	46.82
	L 2	Finley HARRISON	10	Cheadle	46.25
	L 3	Owen PALMER	9	Cannock Phnx	45.00
	L 4	Sam SMITH	12	Lichfield	44.80
	L 5	Titus AMBROSE	9	Bilston	44.79
	L 6	Tommy DUFF	10	Dove Valley	44.64
H-5	L 1	Timothy ELEMBAUM	9	Bilston	43.33
	L 2	Samuel JONES	11	Cannock Phnx	43.00
	L 3	Albert BANAS	11	Bilston	42.27
	L 4	Jack HANDLEY	12	Bilston	42.10
	L 5	Connor BENDALL	13	StaffordApex	41.64
	L 6	Oscar UNDERWOOD	10	Dove Valley	40.90
H-6	L 1	Ernie KENDERDINE	10	StaffordApex	40.84
	L 2	Ryan KEATES	12	Cheadle	40.51
	L 3	Felix NUTTER	10	Burnley BOBC	40.45
	L 4	Noah BOWERMAN	10	Cannock Phnx	39.88
	L 5	Freddie CLIFTON	9	Cannock Phnx	39.88
	L 6	Alistair DYER	9	Chase	39.09
H-7	L 1	Ben RUIGROK	11	Lichfield	38.80
	L 2	Haydn TOMKINSON-HILL	10	StaffordApex	38.48
	L 3	Jack VENNER	9	Broadway M	38.02
	L 4	Benjamin TRUEMAN	12	Lichfield	37.53
	L 5	Lucas LAL	9	Bilston	36.78
	L 6	Jenson BRIGGS	12	Dove Valley	36.59
H-8	L 1	Alfie REID	13	Cannock Phnx	36.01
	L 2	Wesley LA	13	Bilston	35.85
	L 3	Michael YUILL	13	Lichfield	35.77
	L 4	Brodie HUBBLE	12	Bilston	35.30
	L 5	Sam WILSON	11	Burnley BOBC	35.27
	L 6	Bertie SANDERS	12	Lichfield	34.30
H-9	L 1	Fabio GAMBONE	12	Bilston	33.91
	L 2	Eliel BISENGO	11	Sandwell	33.86
	L 3	Jayden LAL	12	Bilston	33.80
	L 4	Harry OLDHAM	15	Dove Valley	32.64
	L 5	Michal ZWARDON	13	Burnley BOBC	32.50
	L 6	Tyler LEWIS	14	Bilston	31.73
H 10	L 1	William HORTON	13	Cheadle	31.64
	L 2	Thomas HORTON	13	Cheadle	31.60
	L 3	Vlad CEBOTARI	14	Bilston	31.33
	L 4	Henry DEAVALL	13	Broadway M	31.21
	L 5	Hubert BANAS	14	Bilston	31.06
	L 6	Zak RUSSON	12	Bilston	31.02
H 11	L 1	Logan HYDE	15	Bilston	30.47
	L 2	Marcus LA	15	Bilston	30.46
	L 3	Fred PORTER	12	StaffordApex	30.40
	L 4	Luke BOWERMAN	14	Cannock Phnx	30.14
	L 5	Edward BULMER	14	Dove Valley	29.94
	L 6	Anton WOO	16	Dove Valley	29.93

H 12	L 1	Oliver SPENCER	13	Bilston	29.64
	L 2	Simeon AMBROSE	14	Bilston	29.55
	L 3	Ethan CONROY	15	Burnley BOBC	29.40
	L 4	Victor GASZAK	14	Bilston	29.19
	L 5	Ethan LI	13	StaffordApex	29.14
	L 6	Haydon MILLARD	14	Bilston	29.08

H 13	L 1	Jake WEAVELL	15	StaffordApex	29.01
	L 2	Edward KOTARA	14	StaffordApex	28.86
	L 3	Lewis CLAYTON	15	Burnley BOBC	28.80
	L 4	Ewan TERRY	15	Broadway M	28.15
	L 5	Oliver NUTTER	14	Burnley BOBC	28.08
	L 6	Henry HOLDING	16	Burnley BOBC	27.74

H 14	L 1	Max EDGINTON	14	Cannock Phnx	27.44
	L 2	Ben COOK	13	Burnley BOBC	27.30
	L 3	Lucas MILLERCHIP	15	Cannock Phnx	27.20
	L 4	Ahoora KESHTKAR	16	Bilston	27.10
	L 5	Adam BULMER	18	Dove Valley	26.95
	L 6	Owen WILSON	13	Burnley BOBC	26.80

H 15	L 1	Eli BOSANQUET	17	StaffordApex	26.45
	L 2	Roberto CARMONA FOWLER	17	StaffordApex	26.00
	L 3	Ethan WALKER	15	Cheadle	25.70
	L 4	Samuel CHARLESWORTH	18	Burnley BOBC	25.80
	L 5	James SUTTON	19	StaffordApex	26.12
	L 6	Jamie BALL	18	Burnley BOBC	26.50

Event 105 Girls 09 Yrs/Over 100m Breaststroke
Sponsored by Michelle Gomes Interiors

H-1	L 1	Sophie THOMAS	9	StaffordApex	2:40.00
	L 2	Isla LOUGHTON	10	Cheadle	2:32.94
	L 3	Jasmeen SALL	9	Bilston	2:30.10
	L 4	Eden MILWARD	9	Cheadle	2:20.40
	L 5	Sienna WILLIAMS	9	Cannock Phnx	2:18.00
	L 6	Imogen WILLIAMS	10	Cheadle	2:10.00

H-2	L 1	Jessica TOWLSON	10	Cannock Phnx	2:09.44
	L 2	Lilly MARSLAND	11	Burnley BOBC	2:07.00
	L 3	Harriet TIMMINS	10	Heath Town	2:06.00
	L 4	Iris SCAUNASU	12	Bilston	2:01.22
	L 5	Emily GOMES CANELHAS	10	StaffordApex	1:59.07
	L 6	Isabelle GAZEY	11	StaffordApex	1:56.60

H-3	L 1	Jenny DELICATA	11	Cheadle	1:55.00
	L 2	Bethany BRINDLEY	9	Cannock Phnx	1:55.00
	L 3	Danni DICKINSON	9	Cannock Phnx	1:55.00
	L 4	Matilda WIGGINS	12	Lichfield	1:53.34
	L 5	Sophia CAFFERY	11	Dove Valley	1:52.22
	L 6	Elsa VON TOURTCHANINOF	10	Lichfield	1:52.00

H-4	L 1	Ruby WARRILOW	12	Lichfield	1:49.62
	L 2	Harriet JARMAN	10	Cannock Phnx	1:49.53
	L 3	Evie AMBROSE	12	Bilston	1:49.37
	L 4	Raveen SALL	13	Bilston	1:48.28
	L 5	Zoe MARSZALEK	11	StaffordApex	1:45.50
	L 6	Brooke BARTLEY	10	Cheadle	1:44.86

H-5	L 1	Beaux DELLAWAY	11	Cannock Phnx	1:44.73
	L 2	Millie HILL	12	Cheadle	1:44.12
	L 3	Aleksandra SANDHU	12	Bilston	1:44.09
	L 4	Niamh THOMPSON	12	Lichfield	1:43.50
	L 5	Esme EDWARDS	11	Sandwell	1:43.29
	L 6	Daisy HOWE	15	StaffordApex	1:42.87

H-6	L 1	Alexandra CLENT	12	Cannock Phnx	1:42.52
	L 2	Niamh WHITAKER	12	Burnley BOBC	1:41.02
	L 3	Tamika CHIKWARIRO	11	Broadway M	1:39.92
	L 4	Bethany MERRIX	11	Sandwell	1:39.16
	L 5	Olivia THOMAS	13	StaffordApex	1:38.36
	L 6	Maisie-Louise BATE	14	Bilston	1:37.74

H-7	L 1	Camila GARDOS	14	StaffordApex	1:37.12
	L 2	Evie BOND	12	Cannock Phnx	1:36.39
	L 3	Nellie WILSON	15	Burnley BOBC	1:35.07
	L 4	Aliyah RUSHTON	12	Cheadle	1:34.96
	L 5	Amelia HURST	15	Lichfield	1:32.81
	L 6	Denni POWERS	14	Bilston	1:31.60

H-8	L 1	Nevada BRIGGS	14	Dove Valley	1:30.34
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STAFFORD APEX SUMMER MEET 2023

L 2	Grace ALLEN	13	StaffordApex	1:29.90
L 3	Zoe BISENGO	14	Sandwell	1:29.32
L 4	Hannah GRAHAM	14	Burnley BOBC	1:26.71
L 5	Leah-Ellie MCEVOY	16	Cannock Phnx	1:25.64
L 6	Lily JINKS	12	Cheadle	1:24.81
H-9	L 1 Lilly AUSTIN	15	Bilston	1:21.61
	L 2 Megan HEWITT	17	Cannock Phnx	1:20.90
	L 3 Harriet BEBBINGTON	18	Cheadle	1:19.00
	L 4 Charlotte BROOKS	15	Cheadle	1:19.18
	L 5 Brogan MILWARD	14	Cheadle	1:21.20
	L 6 Evelyn DYER	11	Chase	1:24.70

Event 106 Boys 09 Yrs/Over 100m Butterfly
Sponsored by Media Resouces

H-1	L 2 Lucas LAL	9	Bilston	1:40.00
	L 3 Michael YUILL	13	Lichfield	1:34.23
	L 4 Luke BOWERMAN	14	Cannock Phnx	1:32.69
H-2	L 1 Eliel BISENGO	11	Sandwell	1:30.78
	L 2 Timothy ELEMBAUM	9	Bilston	1:30.10
	L 3 William HORTON	13	Cheadle	1:21.44
	L 4 Anton WOO	16	Dove Valley	1:19.88
	L 5 Victor GASZAK	14	Bilston	1:19.29
H-3	L 1 Edward KOTARA	14	StaffordApex	1:17.03
	L 2 Hubert BANAS	14	Bilston	1:14.85
	L 3 Lucas MILLERCHIP	15	Cannock Phnx	1:12.70
	L 4 Finley SPOONER	12	Cheadle	1:11.90
	L 5 Ahoora KESHTKAR	16	Bilston	1:10.73
	L 6 Thomas BINNS	15	Burnley BOBC	1:09.69
H-4	L 1 Max EDGINTON	14	Cannock Phnx	1:07.68
	L 2 Jamie BALL	18	Burnley BOBC	1:05.80
	L 3 James SUTTON	19	StaffordApex	1:02.00
	L 4 Samuel CHARLESWORTH	18	Burnley BOBC	1:02.83
	L 5 Ashley KEAY	15	StaffordApex	1:06.29
	L 6 Owen WILSON	13	Burnley BOBC	1:07.70

Event 107 Girls 09 Yrs/Over 100m Backstroke
Sponsored by Michelle Gomes Interiors

H-1	L 2 Eden MILWARD	9	Cheadle	2:08.00
	L 3 Isla LOUGHTON	10	Cheadle	2:06.44
	L 4 Sienna WILLIAMS	9	Cannock Phnx	2:00.00
H-2	L 1 Jasmeen SALL	9	Bilston	2:00.00
	L 2 Imogen WILLIAMS	10	Cheadle	1:58.00
	L 3 Phoebe BIRCH	13	StaffordApex	1:57.86
	L 4 Jenny DELICATA	11	Cheadle	1:55.00
	L 5 Scarlett BIRCH	12	StaffordApex	1:47.86
	L 6 Isabelle HEATH	10	Cannock Phnx	1:46.32
H-3	L 1 Lily-Rose DAVIS	9	Cannock Phnx	1:46.00
	L 2 Isabelle GAZEY	11	StaffordApex	1:45.13
	L 3 Raveen SALL	13	Bilston	1:41.43
	L 4 Lilly MARSLAND	11	Burnley BOBC	1:40.00
	L 5 Bethany BRINDLEY	9	Cannock Phnx	1:40.00
	L 6 Danni DICKINSON	9	Cannock Phnx	1:40.00
H-4	L 1 Harriet JARMAN	10	Cannock Phnx	1:39.57
	L 2 Sophie ALLEN	10	StaffordApex	1:39.34
	L 3 Amelia PIGGOTT	10	Bilston	1:37.38
	L 4 Niamh THOMPSON	12	Lichfield	1:34.39
	L 5 Cerys HARD	12	Cannock Phnx	1:33.00
	L 6 Esme EDWARDS	11	Sandwell	1:31.60
H-5	L 1 Brooke BARTLEY	10	Cheadle	1:30.66
	L 2 Ashlan PAISLEY	14	StaffordApex	1:28.02
	L 3 Lauren WARD	12	Cannock Phnx	1:27.90
	L 4 Evelyn DYER	11	Chase	1:25.53
	L 5 Lily JINKS	12	Cheadle	1:25.44
	L 6 Freya GOULD	11	Lichfield	1:25.40
H-6	L 1 Anna SLIUNKOVA	12	Cheadle	1:25.40
	L 2 Grace CHURCHILL	15	Bilston	1:22.14
	L 3 Lucy CHARLESWORTH	13	Burnley BOBC	1:21.38
	L 4 Chloe DARLING	12	Bilston	1:20.15
	L 5 Nellie WILSON	15	Burnley BOBC	1:19.87

L 6	Evie BOND	12	Cannock Phnx	1:19.12
H-7	L 1 Amelia HURST	15	Lichfield	1:19.12
	L 2 Lara BARR	14	Cheadle	1:18.42
	L 3 Emily TITE	16	Sandwell	1:13.49
	L 4 Jasmine BULLOUGH-TEAL	15	Burnley BOBC	1:13.22
	L 5 Maya SMITH	15	Burnley BOBC	1:13.12
	L 6 Scarlett WILLIAMS	16	Cannock Phnx	1:13.07
H-8	L 1 Paige WELTON	13	StaffordApex	1:12.73
	L 2 Lily-Ann DEAN	16	Bilston	1:11.66
	L 3 Mia PRICKETT	17	Burnley BOBC	1:09.05
	L 4 Megan HEWITT	17	Cannock Phnx	1:10.39
	L 5 Maddison MCFADDEN	16	Burnley BOBC	1:12.26
	L 6 Charlotte ROE	16	StaffordApex	1:12.78

Event 208 Boys 09 Yrs/Over 200m Freestyle
Sponsored by Media Resources

H-1	L 1 Erik LYCETT	9	Cannock Phnx	3:50.00
	L 2 Jack KIRKMAN	10	Dove Valley	3:46.20
	L 3 Finley HARRISON	10	Cheadle	3:42.00
	L 4 Stanley OSBOURNE	11	Cannock Phnx	3:35.00
	L 5 Harry ROWLEY	9	StaffordApex	3:25.24
	L 6 Haydn TOMKINSON-HILL	10	StaffordApex	3:15.83
H-2	L 1 Felix NUTTER	10	Burnley BOBC	3:15.66
	L 2 Noah BOWERMAN	10	Cannock Phnx	3:11.31
	L 3 Alistair DYER	9	Chase	3:10.00
	L 4 Luke PURNELL	12	Cannock Phnx	3:05.00
	L 5 Ryan KEATES	12	Cheadle	3:00.53
	L 6 Ben RUIGROK	11	Lichfield	3:00.00
H-3	L 1 Brodie HUBBLE	12	Bilston	2:58.70
	L 2 Eliel BISENGO	11	Sandwell	2:54.52
	L 3 Sam WILSON	11	Burnley BOBC	2:52.52
	L 4 Alfie REID	13	Cannock Phnx	2:48.00
	L 5 Adam BULMER	18	Dove Valley	2:44.88
	L 6 Fabio GAMBONE	12	Bilston	2:42.60
H-4	L 1 Tyler LEWIS	14	Bilston	2:41.25
	L 2 Jayden LAL	12	Bilston	2:39.07
	L 3 Benjamin HINDLE	14	Bilston	2:35.10
	L 4 Henry DEAVALL	13	Broadway M	2:32.25
	L 5 Thomas HORTON	13	Cheadle	2:26.31
	L 6 Victor GASZAK	14	Bilston	2:25.59
H-5	L 1 Simeon AMBROSE	14	Bilston	2:25.00
	L 2 Finley SPOONER	12	Cheadle	2:24.44
	L 3 Oliver SPENCER	13	Bilston	2:23.82
	L 4 Haydon MILLARD	14	Bilston	2:17.20
	L 5 Lewis CLAYTON	15	Burnley BOBC	2:15.94
	L 6 Owen WILSON	13	Burnley BOBC	2:14.53
H-6	L 1 Lucas MILLERCHIP	15	Cannock Phnx	2:11.73
	L 2 Ashley KEAY	15	StaffordApex	2:09.86
	L 3 Jamie BALL	18	Burnley BOBC	2:07.36
	L 4 Thomas BINNS	15	Burnley BOBC	2:09.69
	L 5 Max EDGINTON	14	Cannock Phnx	2:09.98
	L 6 Oliver NUTTER	14	Burnley BOBC	2:12.41
Event 209 Girls 09 Yrs/Over 200m Breaststroke Sponsored by Vantage Point Creative Framing Stone				
H-1	L 2 Lauren PURNELL	10	Cannock Phnx	4:50.00
	L 3 Imogen WILLIAMS	10	Cheadle	4:40.00
	L 4 Lilly MARSLAND	11	Burnley BOBC	4:40.00
	L 5 Sienna WILLIAMS	9	Cannock Phnx	4:40.00
H-2	L 1 Emily GOMES CANELHAS	10	StaffordApex	4:20.67
	L 2 Jenny DELICATA	11	Cheadle	4:20.00
	L 3 Olivia FINLAY	14	Cannock Phnx	4:01.82
	L 4 Brooke BARTLEY	10	Cheadle	4:00.04
	L 5 Harriet JARMAN	10	Cannock Phnx	3:59.65
	L 6 Ruby WARRILOW	12	Lichfield	3:52.18
H-3	L 1 Aleksandra SANDHU	12	Bilston	3:49.85
	L 2 Esme EDWARDS	11	Sandwell	3:40.88
	L 3 Alexandra CLENT	12	Cannock Phnx	3:37.81
	L 4 Olivia THOMAS	13	StaffordApex	3:36.88

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L 5	Tamika CHIKWARIRO	11	Broadway M	3:36.61
L 6	Millie HILL	12	Cheadle	3:35.88
H-4	L 1 Zoe MARSZALEK	11	StaffordApex	3:34.87
	L 2 Bethany MERRIX	11	Sandwell	3:32.28
	L 3 Miley-Ann BROWN	13	Cheadle	3:25.00
	L 4 Lara BARR	14	Cheadle	3:20.41
	L 5 Anna SLJUNKOVA	12	Cheadle	3:19.91
	L 6 Sophie CONWAY	14	Lichfield	3:17.47
H-5	L 1 Hannah GRAHAM	14	Burnley BOBC	3:10.89
	L 2 Grace ALLEN	13	StaffordApex	3:10.69
	L 3 Lily JINKS	12	Cheadle	3:08.14
	L 4 Grace CHURCHILL	15	Bilston	3:07.16
	L 5 Elodie ROLLINS	17	Bilston	3:06.25
	L 6 Leah-Ellie MCEVOY	16	Cannock Phnx	3:05.68
H-6	L 1 Jasmine BULLOUGH-TEAL	15	Burnley BOBC	2:58.44
	L 2 Megan HEWITT	17	Cannock Phnx	2:54.39
	L 3 Charlotte BROOKS	15	Cheadle	2:50.51
	L 4 Brogan MILWARD	14	Cheadle	2:54.20
	L 5 Lilly AUSTIN	15	Bilston	2:56.77
	L 6 Evelyn DYER	11	Chase	3:03.00

Event 210 Boys 09 Yrs/Over 50m Backstroke
Sponsored by The Kenderdine Family

H-1	L 2 Daniel STANTON	11	StaffordApex	
	L 3 Charles WASHINGTON	9	Lichfield	1:02.00
	L 4 Sam SMITH	12	Lichfield	1:01.73
H-2	L 1 Jack GARDINER	9	Cannock Phnx	1:00.00
	L 2 Dumitru CEBOTARI	9	Bilston	58.25
	L 3 Hugh CARTLIDGE	9	StaffordApex	58.14
	L 4 Stanley OSBOURNE	11	Cannock Phnx	56.27
	L 5 Erik LYCETT	9	Cannock Phnx	56.00
	L 6 Oscar RUIGROK	10	Lichfield	55.14
H-3	L 1 James GRIGG	9	Heath Town	54.74
	L 2 Caden UNDERWOOD	10	Dove Valley	52.90
	L 3 Owen PALMER	9	Cannock Phnx	52.00
	L 4 Harry ROWLEY	9	StaffordApex	51.43
	L 5 Jack KIRKMAN	10	Dove Valley	49.54
	L 6 Jack VENNER	9	Broadway M	48.90
H-4	L 1 George DEAVALL	9	Broadway M	48.08
	L 2 Freddie CLIFTON	9	Cannock Phnx	47.20
	L 3 Sebastian TRUEMAN	10	Lichfield	46.50
	L 4 Oscar UNDERWOOD	10	Dove Valley	46.30
	L 5 Felix NUTTER	10	Burnley BOBC	46.10
	L 6 Ben RUIGROK	11	Lichfield	45.68
H-5	L 1 Noah BOWERMAN	10	Cannock Phnx	45.26
	L 2 Benjamin TRUEMAN	12	Lichfield	45.20
	L 3 Connor BENDALL	13	StaffordApex	45.07
	L 4 Ryan KEATES	12	Cheadle	44.95
	L 5 Bertie SANDERS	12	Lichfield	44.00
	L 6 Lucas LAL	9	Bilston	43.37
H-6	L 1 Wesley LA	13	Bilston	42.54
	L 2 Jenson BRIGGS	12	Dove Valley	42.53
	L 3 Ernie KENDERDINE	10	StaffordApex	42.18
	L 4 Michael YUILL	13	Lichfield	42.00
	L 5 George ROWLEY	11	StaffordApex	41.33
	L 6 Isaac HEATH	12	Cannock Phnx	41.19
H-7	L 1 Logan HYDE	15	Bilston	41.19
	L 2 Sam WILSON	11	Burnley BOBC	41.17
	L 3 Brodie HUBBLE	12	Bilston	40.69
	L 4 Jayden LAL	12	Bilston	40.43
	L 5 Fabio GAMBONE	12	Bilston	39.83
	L 6 Thomas KIRKMAN	12	Dove Valley	38.83
H-8	L 1 Richard MAAMOUN	12	StaffordApex	38.78
	L 2 Harry OLDHAM	15	Dove Valley	38.28
	L 3 Michal ZWARDON	13	Burnley BOBC	37.84
	L 4 Anton WOO	16	Dove Valley	37.72
	L 5 Ethan CONROY	15	Burnley BOBC	37.60
	L 6 Marcus LA	15	Bilston	36.81
H-9	L 1 Fred PORTER	12	StaffordApex	36.62

L 2	Tyler LEWIS	14	Bilston	36.49
L 3	Ethan LI	13	StaffordApex	36.46
L 4	Oliver SPENCER	13	Bilston	35.28
L 5	Henry DEAVALL	13	Broadway M	35.18
L 6	Ewan TERRY	15	Broadway M	34.86
H 10	L 1 Edward BULMER	14	Dove Valley	34.51
	L 2 Victor GASZAK	14	Bilston	34.31
	L 3 Lucas MILLERCHIP	15	Cannock Phnx	34.13
	L 4 Lewis CLAYTON	15	Burnley BOBC	34.02
	L 5 Jake WEAVELL	15	StaffordApex	33.73
	L 6 Zak RUSSON	12	Bilston	33.44
H 11	L 1 Max EDGINTON	14	Cannock Phnx	33.00
	L 2 Owen WILSON	13	Burnley BOBC	32.25
	L 3 Henry HOLDING	16	Burnley BOBC	29.63
	L 4 Ashley KEAY	15	StaffordApex	31.11
	L 5 Oliver NUTTER	14	Burnley BOBC	32.50
	L 6 Ben COOK	13	Burnley BOBC	33.40

Event 211 Girls 09 Yrs/Over 50m Backstroke
Sponsored by The Thomas Family

H-1	L 1 Helena LOCMERE	9	Bilston	1:09.42
	L 2 Isabella WILKIN	9	Cheadle	1:02.25
	L 3 Sophie THOMAS	9	StaffordApex	1:01.50
	L 4 Phoenix LE ROUX	10	Cannock Phnx	1:00.72
	L 5 Emmie RIDGWAY	10	Cannock Phnx	59.30
	L 6 Elizaveta SANDHU	9	Bilston	58.54
H-2	L 1 Laila DOUGHTY	10	Heath Town	56.90
	L 2 Eden MILWARD	9	Cheadle	53.90
	L 3 D BARKLAM	13	Bilston	53.84
	L 4 Harriet TIMMINS	10	Heath Town	53.56
	L 5 Emily GOMES CANELHAS	10	StaffordApex	53.50
	L 6 Isla LOUGHTON	10	Cheadle	52.76
H-3	L 1 Sienna WILLIAMS	9	Cannock Phnx	52.00
	L 2 Imogen WILLIAMS	10	Cheadle	52.00
	L 3 Lily-Rose DAVIS	9	Cannock Phnx	51.00
	L 4 Lilly MARSLAND	11	Burnley BOBC	49.32
	L 5 Olivia NODEN	13	Cheadle	49.04
	L 6 Niamh ARMITT	10	Cheadle	48.82
H-4	L 1 Jenny DELICATA	11	Cheadle	48.00
	L 2 Ruby WARRILOW	12	Lichfield	47.60
	L 3 Evie AMBROSE	12	Bilston	47.34
	L 4 Elsa VON TOURCHANINOF	10	Lichfield	47.00
	L 5 Freya BENNETT	11	Bilston	46.88
	L 6 Izabella RUSSELL	12	Heath Town	46.68
H-5	L 1 Sophie ALLEN	10	StaffordApex	46.54
	L 2 Phoebe BIRCH	13	StaffordApex	45.52
	L 3 Harriet JARMAN	10	Cannock Phnx	45.51
	L 4 Cerys HARD	12	Cannock Phnx	45.46
	L 5 Grace LAMBERT	11	Bilston	45.13
	L 6 Matilda WIGGINS	12	Lichfield	44.90
H-6	L 1 Boglarka MALITS	14	Heath Town	44.90
	L 2 Amelia PIGGOTT	10	Bilston	44.82
	L 3 Sienna HYLAND	10	Lichfield	44.77
	L 4 Amalie READER	12	Heath Town	44.62
	L 5 Esme EDWARDS	11	Sandwell	44.02
	L 6 Olivia THOMAS	13	StaffordApex	43.71
H-7	L 1 Charlotte COOK	10	Burnley BOBC	43.32
	L 2 Nevada BRIGGS	14	Dove Valley	43.00
	L 3 Maisie-Louise BATE	14	Bilston	42.76
	L 4 Megan MILNER	13	Cheadle	42.59
	L 5 Brooke BARTLEY	10	Cheadle	42.38
	L 6 Erin BYRNE	14	Dove Valley	42.32
H-8	L 1 Isabelle HEATH	10	Cannock Phnx	41.90
	L 2 Ashlan PAISLEY	14	StaffordApex	41.30
	L 3 Grace CHURCHILL	15	Bilston	41.22
	L 4 Lily JINKS	12	Cheadle	41.18
	L 5 Lauren WARD	12	Cannock Phnx	40.41
	L 6 Aliyah RUSHTON	12	Cheadle	40.18
H-9	L 1 Hannah GRAHAM	14	Burnley BOBC	40.13
	L 2 Zoe BISENGO	14	Sandwell	40.09

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L 3	Grace ALLEN	13	StaffordApex	39.89
L 4	Camila GARDOS	14	StaffordApex	39.88
L 5	Anna SLIUNKOVA	12	Cheadle	39.84
L 6	Miley-Ann BROWN	13	Cheadle	39.56
H 10	L 1 Millicent WIGGINS	13	Lichfield	39.36
	L 2 Evelyn DYER	11	Chase	38.89
	L 3 Scarlett BIRCH	12	StaffordApex	38.65
	L 4 Lucy CHARLESWORTH	13	Burnley BOBC	38.30
	L 5 Niamh WHITAKER	12	Burnley BOBC	37.49
	L 6 Freya GOULD	11	Lichfield	37.42
H 11	L 1 Denni POWERS	14	Bilston	37.34
	L 2 Nellie WILSON	15	Burnley BOBC	36.89
	L 3 Evie BOND	12	Cannock Phnx	36.67
	L 4 Lilly AUSTIN	15	Bilston	36.02
	L 5 Lara BARR	14	Cheadle	35.96
	L 6 Abigail BROWN	14	Dove Valley	35.94
H 12	L 1 Amelia HURST	15	Lichfield	35.14
	L 2 Scarlett WILLIAMS	16	Cannock Phnx	34.69
	L 3 Maya SMITH	15	Burnley BOBC	34.67
	L 4 Katlyn RICHARDSON	13	Bilston	34.54
	L 5 Paige WELTON	13	StaffordApex	34.22
	L 6 Maddison MCFADDEN	16	Burnley BOBC	34.00
H 13	L 1 Natalie HAWLEY	16	StaffordApex	33.36
	L 2 Emily TITE	16	Sandwell	32.90
	L 3 Mia PRICKETT	17	Burnley BOBC	32.22
	L 4 Megan HEWITT	17	Cannock Phnx	32.25
	L 5 Lily-Ann DEAN	16	Bilston	33.30
	L 6 Charlotte ROE	16	StaffordApex	33.70

Event 212 Boys 09 Yrs/Over 100m Breaststroke
Sponsored by The Weavell Family

H-1	L 2 Finley HARRISON	10	Cheadle	2:20.25
	L 3 Jack CARTHEY	9	Lichfield	2:20.00
	L 4 James WESTWOOD	10	Cannock Phnx	2:20.00
H-2	L 1 John PORTER	10	StaffordApex	2:15.00
	L 2 Caden UNDERWOOD	10	Dove Valley	2:13.75
	L 3 Sam SMITH	12	Lichfield	2:13.23
	L 4 Samuel JONES	11	Cannock Phnx	2:10.18
	L 5 Stanley OSBOURNE	11	Cannock Phnx	2:10.00
H-3	L 1 Maddox BIDGOOD	10	Lichfield	2:09.39
	L 2 Rufus JOYCE	11	StaffordApex	2:07.68
	L 3 Alistair DYER	9	Chase	2:04.41
	L 4 Ernie KENDERDINE	10	StaffordApex	2:00.13
	L 5 Noah BOWERMAN	10	Cannock Phnx	1:59.07
	L 6 Oliver BURROWS	10	Dove Valley	1:52.47
H-4	L 1 Michael YUILL	13	Lichfield	1:51.18
	L 2 Bertie SANDERS	12	Lichfield	1:50.37
	L 3 Sebastian TRUEEMAN	10	Lichfield	1:50.10
	L 4 Eli BOSANQUET	17	StaffordApex	1:45.09
	L 5 Thomas KIRKMAN	12	Dove Valley	1:42.41
	L 6 Luke PURNELL	12	Cannock Phnx	1:42.10
H-5	L 1 Fabio GAMBONE	12	Bilston	1:41.34
	L 2 Eliel BISENGO	11	Sandwell	1:40.32
	L 3 Alfie REID	13	Cannock Phnx	1:40.00
	L 4 Brodie HUBBLE	12	Bilston	1:37.59
	L 5 Benjamin HINDLE	14	Bilston	1:37.36
	L 6 George ROWLEY	11	StaffordApex	1:35.07
H-6	L 1 Wesley LA	13	Bilston	1:33.43
	L 2 William HORTON	13	Cheadle	1:33.29
	L 3 Luke BOWERMAN	14	Cannock Phnx	1:30.73
	L 4 Vlad CEBOTARI	14	Bilston	1:30.47
	L 5 Simeon AMBROSE	14	Bilston	1:30.01
	L 6 Thomas HORTON	13	Cheadle	1:28.27
H-7	L 1 Oliver SPENCER	13	Bilston	1:27.24
	L 2 Ethan LI	13	StaffordApex	1:27.19
	L 3 Zak RUSSON	12	Bilston	1:26.31
	L 4 Ethan CONROY	15	Burnley BOBC	1:25.02
	L 5 Finley SPOONER	12	Cheadle	1:24.97
	L 6 Marcus LA	15	Bilston	1:22.96

H-8	L 1 Anton WOO	16	Dove Valley	1:19.29
	L 2 Max EDGINTON	14	Cannock Phnx	1:15.72
	L 3 Ben COOK	13	Burnley BOBC	1:14.15
	L 4 Henry HOLDING	16	Burnley BOBC	1:15.70
	L 5 Adam BULMER	18	Dove Valley	1:17.12
	L 6 Jake WEAVELL	15	StaffordApex	1:21.58

Event 213 Girls 09 Yrs/Over 100m Butterfly
Sponsored By Little Gym Stars

H-1	L 1 Niamh ARMITT	10	Cheadle	2:23.70
	L 2 Freya GOULD	11	Lichfield	1:38.00
	L 3 Lauren WARD	12	Cannock Phnx	1:37.51
	L 4 Esme EDWARDS	11	Sandwell	1:33.93
	L 5 Isabelle HEATH	10	Cannock Phnx	1:32.18
H-2	L 1 Lucy CHARLESWORTH	13	Burnley BOBC	1:29.84
	L 2 Zoe BISENGO	14	Sandwell	1:23.85
	L 3 Niamh WHITAKER	12	Burnley BOBC	1:22.20
	L 4 Aliyah RUSHTON	12	Cheadle	1:22.00
	L 5 Scarlett BIRCH	12	StaffordApex	1:20.00
	L 6 Charlotte BROOKS	15	Cheadle	1:18.16
H-3	L 1 Ella BEESON	15	Cannock Phnx	1:17.74
	L 2 Amelia HURST	15	Lichfield	1:17.57
	L 3 Maya SMITH	15	Burnley BOBC	1:17.31
	L 4 Mia PRICKETT	17	Burnley BOBC	1:15.00
	L 5 Katlyn RICHARDSON	13	Bilston	1:14.77
	L 6 Brogan MILWARD	14	Cheadle	1:12.40
H-4	L 1 Lily JINKS	12	Cheadle	1:12.30
	L 2 Jasmine BULLOUGH-TEAL	15	Burnley BOBC	1:11.49
	L 3 Natalie HAWLEY	16	StaffordApex	1:08.77
	L 4 Megan HEWITT	17	Cannock Phnx	1:11.29
	L 5 Paige WELTON	13	StaffordApex	1:11.90
	L 6 Eleanor FERRIDAY	15	Newcastle St	1:12.39

Event 214 Boys 09 Yrs/Over 100m Freestyle
Sponsored by The Emery Family

H-1	L 2 George DEAVALL	9	Broadway M	2:00.00
	L 3 Oscar RUIGROK	10	Lichfield	1:56.42
	L 4 James GRIGG	9	Heath Town	1:55.00
H-2	L 1 James WESTWOOD	10	Cannock Phnx	1:52.94
	L 2 Hugh CARTLIDGE	9	StaffordApex	1:51.00
	L 3 Jack CARTHEY	9	Lichfield	1:50.00
	L 4 Maddox BIDGOOD	10	Lichfield	1:48.27
	L 5 Sam SMITH	12	Lichfield	1:41.38
H-3	L 1 Owen PALMER	9	Cannock Phnx	1:40.00
	L 2 Jack KIRKMAN	10	Dove Valley	1:38.35
	L 3 Stanley OSBOURNE	11	Cannock Phnx	1:38.15
	L 4 Oscar UNDERWOOD	10	Dove Valley	1:38.07
	L 5 Finley HARRISON	10	Cheadle	1:37.00
	L 6 Connor BENDALL	13	StaffordApex	1:36.00
H-4	L 1 Ernie KENDERDINE	10	StaffordApex	1:35.21
	L 2 Freddie CLIFTON	9	Cannock Phnx	1:33.39
	L 3 Harry ROWLEY	9	StaffordApex	1:33.13
	L 4 Alistair DYER	9	Chase	1:30.78
	L 5 Felix NUTTER	10	Burnley BOBC	1:28.54
	L 6 Noah BOWERMAN	10	Cannock Phnx	1:27.06
H-5	L 1 Ben RUIGROK	11	Lichfield	1:26.45
	L 2 Lucas LAL	9	Bilston	1:25.45
	L 3 Jenson BRIGGS	12	Dove Valley	1:23.97
	L 4 Bertie SANDERS	12	Lichfield	1:23.25
	L 5 Thomas KIRKMAN	12	Dove Valley	1:22.15
	L 6 Brodie HUBBLE	12	Bilston	1:21.57
H-6	L 1 Benjamin TRUEEMAN	12	Lichfield	1:20.00
	L 2 Alfie REID	13	Cannock Phnx	1:19.00
	L 3 Michael YUILL	13	Lichfield	1:18.05
	L 4 Fabio GAMBONE	12	Bilston	1:16.73
	L 5 Sam WILSON	11	Burnley BOBC	1:16.65
	L 6 Eliel BISENGO	11	Sandwell	1:16.43
H-7	L 1 Simeon AMBROSE	14	Bilston	1:13.00
	L 2 Michal ZWARDON	13	Burnley BOBC	1:12.88

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L 3	Tyler LEWIS	14	Bilston	1:12.86
L 4	William HORTON	13	Cheadle	1:11.88
L 5	Thomas HORTON	13	Cheadle	1:11.00
L 6	Vlad CEBOTARI	14	Bilston	1:09.76
H-8	L 1 Henry DEAVALL	13	Broadway M	1:08.62
	L 2 Edward BULMER	14	Dove Valley	1:08.20
	L 3 Logan HYDE	15	Bilston	1:07.81
	L 4 Fred PORTER	12	StaffordApex	1:07.50
	L 5 Luke BOWERMAN	14	Cannock Phnx	1:07.03
	L 6 Ethan LI	13	StaffordApex	1:06.83
H-9	L 1 Richard MAAMOUN	12	StaffordApex	1:06.01
	L 2 Victor GASZAK	14	Bilston	1:05.82
	L 3 Oliver SPENCER	13	Bilston	1:04.76
	L 4 Ewan TERRY	15	Broadway M	1:04.75
	L 5 Jake WEAVELL	15	StaffordApex	1:04.18
	L 6 Haydon MILLARD	14	Bilston	1:03.71
H 10	L 1 Lewis CLAYTON	15	Burnley BOBC	1:03.36
	L 2 Ahoora KESHTKAR	16	Bilston	1:01.20
	L 3 Ben COOK	13	Burnley BOBC	1:00.90
	L 4 Oliver NUTTER	14	Burnley BOBC	1:00.60
	L 5 Owen WILSON	13	Burnley BOBC	59.67
	L 6 Max EDGINTON	14	Cannock Phnx	58.91
H 11	L 1 Eli BOSANQUET	17	StaffordApex	57.73
	L 2 Luke THOMAS	33	Cannock Phnx	57.00
	L 3 Ethan WALKER	15	Cheadle	56.32
	L 4 Roberto CARMONA FOWLER	17	StaffordApex	56.94
	L 5 Samuel CHARLESWORTH	18	Burnley BOBC	57.58
	L 6 Thomas BINNS	15	Burnley BOBC	58.84

**Event 315 Girls 09 Yrs/Over 200m IM
Sponsored by Media Resources**

H-1	L 2 Imogen WILLIAMS	10	Cheadle	4:30.00
	L 3 Jenny DELICATA	11	Cheadle	3:45.00
	L 4 Niamh ARMITT	10	Cheadle	3:42.88
H-2	L 1 Harriet JARMAN	10	Cannock Phnx	3:42.00
	L 2 Tamika CHIKWARIRO	11	Broadway M	3:40.00
	L 3 Alexandra CLENT	12	Cannock Phnx	3:39.21
	L 4 Lyra ROBINSON	12	Lichfield	3:27.07
	L 5 Brooke BARTLEY	10	Cheadle	3:25.88
	L 6 Isabelle HEATH	10	Cannock Phnx	3:22.75
H-3	L 1 Beaux DELLAWAY	11	Cannock Phnx	3:20.20
	L 2 Lauren WARD	12	Cannock Phnx	3:08.10
	L 3 Isabelle PALING	11	Dove Valley	3:02.79
	L 4 Anna SLIUNKOVA	12	Cheadle	3:00.97
	L 5 Sophie CONWAY	14	Lichfield	3:00.58
	L 6 Aliyah RUSHTON	12	Cheadle	2:59.36
H-4	L 1 Evie BOND	12	Cannock Phnx	2:58.90
	L 2 Scarlett BIRCH	12	StaffordApex	2:58.75
	L 3 Evelyn DYER	11	Chase	2:55.93
	L 4 Niamh WHITAKER	12	Burnley BOBC	2:54.79
	L 5 Grace CHURCHILL	15	Bilston	2:50.42
	L 6 Chloe DARLING	12	Bilston	2:50.20
H-5	L 1 Grace ALLEN	13	StaffordApex	2:50.01
	L 2 Maya SMITH	15	Burnley BOBC	2:44.88
	L 3 Paige WELTON	13	StaffordApex	2:44.12
	L 4 Katlyn RICHARDSON	13	Bilston	2:43.87
	L 5 Maddison MCFADDEN	16	Burnley BOBC	2:42.18
	L 6 Lily JINKS	12	Cheadle	2:40.94
H-6	L 1 Brogan MILWARD	14	Cheadle	2:39.64
	L 2 Jasmine BULLOUGH-TEAL	15	Burnley BOBC	2:34.76
	L 3 Annamaria MAAMOUN	18	StaffordApex	2:33.09
	L 4 Lily-Ann DEAN	16	Bilston	2:34.07
	L 5 Charlotte BROOKS	15	Cheadle	2:37.23
	L 6 Mia PRICKETT	17	Burnley BOBC	2:40.00

**Event 316 Boys 09 Yrs/Over 200m Breaststroke
Sponsored by Vantage Consulting**

H-1	L 2 Finley HARRISON	10	Cheadle	4:23.44
	L 3 Freddie CLIFTON	9	Cannock Phnx	4:00.15
	L 4 Benjamin TRUEMAN	12	Lichfield	3:50.00

H-2	L 1 Luke PURNELL	12	Cannock Phnx	3:41.56
	L 2 Alfie REID	13	Cannock Phnx	3:30.00
	L 3 Brodie HUBBLE	12	Bilston	3:27.27
	L 4 William HORTON	13	Cheadle	3:26.79
	L 5 Zak RUSSON	12	Bilston	3:24.85
H-3	L 1 Lucas MILLERCHIP	15	Cannock Phnx	3:19.24
	L 2 Benjamin HINDLE	14	Bilston	3:17.08
	L 3 Thomas HORTON	13	Cheadle	3:05.73
	L 4 Finley SPOONER	12	Cheadle	3:03.02
	L 5 Anton WOO	16	Dove Valley	2:59.18
	L 6 Jake WEAVELL	15	StaffordApex	2:55.74
H-4	L 1 Thomas BINNS	15	Burnley BOBC	2:44.80
	L 2 Ben COOK	13	Burnley BOBC	2:43.78
	L 3 Henry HOLDING	16	Burnley BOBC	2:40.27
	L 4 Jamie BALL	18	Burnley BOBC	2:43.16
	L 5 Matthew JOHNSON	15	Dove Valley	2:44.76
	L 6 Max EDGINTON	14	Cannock Phnx	2:46.91

**Event 317 Girls 09 Yrs/Over 50m Breaststroke
Sponsored by The Gazey Family**

H-1	L 2 Isabella WILKIN	9	Cheadle	1:24.62
	L 3 Helena LOCMERE	9	Bilston	1:22.46
	L 4 Madeleine WIGGINS	9	Lichfield	1:17.12
H-2	L 1 Mayce-Leigh HICKMAN	10	Bilston	1:16.00
	L 2 Sophie THOMAS	9	StaffordApex	1:15.07
	L 3 Iris BANHAM	10	StaffordApex	1:14.16
	L 4 Isabelle REYNOLDS	10	Broadway M	1:11.41
	L 5 Adriana PALMER	10	Lichfield	1:09.00
H-3	L 1 Laila DOUGHTY	10	Heath Town	1:06.46
	L 2 Hannah GULLY	11	Dove Valley	1:05.65
	L 3 Isla LOUGHTON	10	Cheadle	1:04.92
	L 4 Amelia GAZEY	9	StaffordApex	1:04.77
	L 5 Phoenix LE ROUX	10	Cannock Phnx	1:03.93
	L 6 Eliza RYDER	11	Lichfield	1:03.88
H-4	L 1 Eden MILWARD	9	Cheadle	1:03.19
	L 2 Elizaveta SANDHU	9	Bilston	1:02.77
	L 3 Sienna WILLIAMS	9	Cannock Phnx	1:02.00
	L 4 Esme MORRIS	11	Lichfield	1:01.69
	L 5 Lilly MARSLAND	11	Burnley BOBC	1:01.11
	L 6 Lauren PURNELL	10	Cannock Phnx	59.65
H-5	L 1 Harriet TIMMINS	10	Heath Town	59.48
	L 2 Amelia PIGGOTT	10	Bilston	58.84
	L 3 Libby PINNER	10	Lichfield	58.74
	L 4 Imogen WILLIAMS	10	Cheadle	58.00
	L 5 Evie PARKS	10	Lichfield	57.37
	L 6 Isabelle HEATH	10	Cannock Phnx	57.16
H-6	L 1 Myia CHARD	13	Heath Town	55.26
	L 2 Sasha SPENCE	10	Lichfield	55.00
	L 3 Bethany BRINDLEY	9	Cannock Phnx	55.00
	L 4 Danni DICKINSON	9	Cannock Phnx	55.00
	L 5 Amelie SPENCE	10	Lichfield	55.00
	L 6 Sophia CAFFERY	11	Dove Valley	53.60
H-7	L 1 Amelia WARRENDER	10	Bilston	53.35
	L 2 D BARKLAM	13	Bilston	53.31
	L 3 Freya BENNETT	11	Bilston	53.31
	L 4 Beau POWERS	10	Bilston	53.15
	L 5 Iris SCAUNASU	12	Bilston	53.11
	L 6 Jenny DELICATA	11	Cheadle	53.00
H-8	L 1 Grace LAMBERT	11	Bilston	52.17
	L 2 Boglarka MALITS	14	Heath Town	51.80
	L 3 Emily GOMES CANELHAS	10	StaffordApex	51.61
	L 4 Sophie ALLEN	10	StaffordApex	51.55
	L 5 Olivia FINLAY	14	Cannock Phnx	51.29
	L 6 Matilda WIGGINS	12	Lichfield	51.23
H-9	L 1 Harriet JARMAN	10	Cannock Phnx	51.10
	L 2 Isabelle PARKS	12	Lichfield	50.84
	L 3 Phoebe BIRCH	13	StaffordApex	50.46
	L 4 Ruby NOLAN	13	StaffordApex	50.41
	L 5 Lauren WARD	12	Cannock Phnx	50.00

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L 6	Isabelle GAZEY	11	StaffordApex	49.97
H 10	L 1 Neave PINNER	12	Lichfield	49.56
	L 2 Brooke BARTLEY	10	Cheadle	49.52
	L 3 Megan MILNER	13	Cheadle	49.00
	L 4 Molly PINNER	12	Lichfield	48.80
	L 5 Ruby WARRILOW	12	Lichfield	48.70
	L 6 Natalie PETRICCA	12	Lichfield	48.15
H 11	L 1 Alexandra CLENT	12	Cannock Phnx	48.14
	L 2 Millie BARKER	12	Dove Valley	48.00
	L 3 Miley-Ann BROWN	13	Cheadle	47.63
	L 4 Millicent WIGGINS	13	Lichfield	47.46
	L 5 Beaux DELLAWAY	11	Cannock Phnx	47.11
	L 6 Niamh THOMPSON	12	Lichfield	47.09
H 12	L 1 Millie HILL	12	Cheadle	46.93
	L 2 Aleksandra SANDHU	12	Bilston	46.62
	L 3 Daisy HOWE	15	StaffordApex	46.30
	L 4 Erin BYRNE	14	Dove Valley	46.21
	L 5 Niamh KENNY	15	StaffordApex	46.11
	L 6 Neave SMITH	15	Burnley BOBC	46.10
H 13	L 1 Olivia THOMAS	13	StaffordApex	45.44
	L 2 Tamika CHIKWARIRO	11	Broadway M	45.11
	L 3 Lyra ROBINSON	12	Lichfield	44.45
	L 4 Evie BOND	12	Cannock Phnx	44.10
	L 5 Camila GARDOS	14	StaffordApex	43.99
	L 6 Maisie-Louise BATE	14	Bilston	43.65
H 14	L 1 Niamh WHITAKER	12	Burnley BOBC	43.00
	L 2 Aliyah RUSHTON	12	Cheadle	42.38
	L 3 Denni POWERS	14	Bilston	41.95
	L 4 Sophie CONWAY	14	Lichfield	41.79
	L 5 Sophie SMITH	14	Lichfield	41.70
	L 6 Nevada BRIGGS	14	Dove Valley	40.98
H 15	L 1 Grace ALLEN	13	StaffordApex	40.53
	L 2 Natalie HAWLEY	16	StaffordApex	40.32
	L 3 Charlotte ROE	16	StaffordApex	40.10
	L 4 Hannah GRAHAM	14	Burnley BOBC	39.12
	L 5 Grace CHURCHILL	15	Bilston	38.94
	L 6 Elodie ROLLINS	17	Bilston	38.63
H 16	L 1 Lilly AUSTIN	15	Bilston	37.00
	L 2 Charlotte BROOKS	15	Cheadle	36.40
	L 3 Harriet BEBBINGTON	18	Cheadle	35.95
	L 4 Annamaria MAAMOUN	18	StaffordApex	36.22
	L 5 Megan HEWITT	17	Cannock Phnx	36.46
	L 6 Mia PRICKETT	17	Burnley BOBC	38.36

Event 318 Boys 09 Yrs/Over 50m Butterfly
Sponsored by The Li Family

H-1	L 1 Jacob VANO	10	Heath Town	1:04.32
	L 2 James GRIGG	9	Heath Town	1:04.00
	L 3 N MOREIRA	10	Dove Valley	1:03.48
	L 4 Freddie CLIFTON	9	Cannock Phnx	55.10
	L 5 Haydn TOMKINSON-HILL	10	StaffordApex	54.81
	L 6 Ernie KENDERDINE	10	StaffordApex	53.58
H-2	L 1 Oscar UNDERWOOD	10	Dove Valley	51.25
	L 2 Alistair DYER	9	Chase	50.26
	L 3 Jack VENNER	9	Broadway M	50.05
	L 4 Sebastian TRUEMAN	10	Lichfield	49.04
	L 5 Lucas LAL	9	Bilston	48.00
	L 6 Sam WILSON	11	Burnley BOBC	44.46
H-3	L 1 Alfie REID	13	Cannock Phnx	44.09
	L 2 Tyler LEWIS	14	Bilston	44.03
	L 3 Fabio GAMBONE	12	Bilston	42.45
	L 4 Jayden LAL	12	Bilston	39.15
	L 5 Michal ZWARDON	13	Burnley BOBC	37.52
	L 6 Harry OLDHAM	15	Dove Valley	37.06
H-4	L 1 Vlad CEBOTARI	14	Bilston	36.24
	L 2 Ethan CONROY	15	Burnley BOBC	34.71
	L 3 Zak RUSSON	12	Bilston	34.66
	L 4 Thomas HORTON	13	Cheadle	34.51
	L 5 Victor GASZAK	14	Bilston	34.47
	L 6 Ethan LI	13	StaffordApex	33.74

H-5	L 1 Fred PORTER	12	StaffordApex	33.64
	L 2 Oliver SPENCER	13	Bilston	33.52
	L 3 Hubert BANAS	14	Bilston	33.45
	L 4 William HORTON	13	Cheadle	33.20
	L 5 Edward KOTARA	14	StaffordApex	31.97
	L 6 Ewan TERRY	15	Broadway M	31.83
H-6	L 1 Lucas MILLERCHIP	15	Cannock Phnx	31.49
	L 2 Max EDGINTON	14	Cannock Phnx	30.97
	L 3 Ben COOK	13	Burnley BOBC	30.70
	L 4 Ahoora KESHTKAR	16	Bilston	30.20
	L 5 Adam BULMER	18	Dove Valley	30.06
	L 6 Ashley KEAY	15	StaffordApex	29.84
H-7	L 1 Owen WILSON	13	Burnley BOBC	29.40
	L 2 Oliver EDWARDS	17	Dove Valley	29.14
	L 3 James SUTTON	19	StaffordApex	26.80
	L 4 Tyler BOTT	16	Cannock Phnx	28.86
	L 5 Matthew JOHNSON	15	Dove Valley	29.40
	L 6 Jamie BALL	18	Burnley BOBC	29.70

Event 319 Girls 09 Yrs/Over 100m Freestyle
Sponsored by Little Gym Stars

H-1	L 1 Isla LOUGHTON	10	Cheadle	2:17.27
	L 2 Lauren PURNELL	10	Cannock Phnx	2:10.58
	L 3 Ava-Pearl HUTCHINSON	9	Bilston	2:10.00
	L 4 Lena LLEWELLYN	10	Broadway M	1:56.00
	L 5 Eden MILWARD	9	Cheadle	1:55.91
	L 6 Mayce-Leigh HICKMAN	10	Bilston	1:55.00
H-2	L 1 Hannah GULLY	11	Dove Valley	1:51.28
	L 2 Isabelle REYNOLDS	10	Broadway M	1:51.00
	L 3 Sienna WILLIAMS	9	Cannock Phnx	1:50.00
	L 4 Imogen WILLIAMS	10	Cheadle	1:45.00
	L 5 Lily MARSLAND	11	Burnley BOBC	1:43.00
	L 6 Lily-Rose DAVIS	9	Cannock Phnx	1:40.00
H-3	L 1 Emily GOMES CANELHAS	10	StaffordApex	1:38.68
	L 2 Beau POWERS	10	Bilston	1:38.15
	L 3 Evie PARKS	10	Lichfield	1:37.89
	L 4 Jenny DELICATA	11	Cheadle	1:35.00
	L 5 Esme MORRIS	11	Lichfield	1:34.78
	L 6 Iris SCAUNASU	12	Bilston	1:33.20
H-4	L 1 Alexandra CLENT	12	Cannock Phnx	1:32.55
	L 2 Amelia PIGGOTT	10	Bilston	1:30.74
	L 3 Danni DICKINSON	9	Cannock Phnx	1:30.00
	L 4 Bethany BRINDLEY	9	Cannock Phnx	1:30.00
	L 5 Harriet TIMMINS	10	Heath Town	1:30.00
	L 6 Isabelle GAZEY	11	StaffordApex	1:29.89
H-5	L 1 Lacey WOOD	11	Dove Valley	1:29.69
	L 2 Grace LAMBERT	11	Bilston	1:28.32
	L 3 Matilda WIGGINS	12	Lichfield	1:27.95
	L 4 Isabelle PARKS	12	Lichfield	1:26.61
	L 5 Amelia WARRENDER	10	Bilston	1:26.41
	L 6 Ruby WARRILOW	12	Lichfield	1:26.30
H-6	L 1 Cerys HARD	12	Cannock Phnx	1:26.21
	L 2 Izabella RUSSELL	12	Heath Town	1:26.00
	L 3 Daisy HOWE	15	StaffordApex	1:25.98
	L 4 Phoebe BIRCH	13	StaffordApex	1:25.03
	L 5 Niamh ARMITT	10	Cheadle	1:24.66
	L 6 Sophie ALLEN	10	StaffordApex	1:24.23
H-7	L 1 Charlotte COOK	10	Burnley BOBC	1:22.84
	L 2 Millie HILL	12	Cheadle	1:21.63
	L 3 Scarlett BIRCH	12	StaffordApex	1:20.67
	L 4 Hollie VENNER	13	Broadway M	1:20.16
	L 5 Maisie-Louise BATE	14	Bilston	1:19.38
	L 6 Olivia THOMAS	13	StaffordApex	1:19.15
H-8	L 1 Isabelle AUSTEN	15	StaffordApex	1:18.73
	L 2 Lyra ROBINSON	12	Lichfield	1:18.53
	L 3 Natalie PETRICCA	12	Lichfield	1:18.48
	L 4 Myia CHARD	13	Heath Town	1:18.00
	L 5 Anna SLIUNKOVA	12	Cheadle	1:16.07
	L 6 Lauren WARD	12	Cannock Phnx	1:16.00

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H-9	L 1	Ashlan PAISLEY	14	StaffordApex	1:15.76
	L 2	Miley-Ann BROWN	13	Cheadle	1:15.32
	L 3	Neave SMITH	15	Burnley BOBC	1:15.14
	L 4	Isabelle PALING	11	Dove Valley	1:15.05
	L 5	Boglarka MALITS	14	Heath Town	1:15.00
	L 6	Erin BYRNE	14	Dove Valley	1:14.63
H 10	L 1	Beaux DELLAWAY	11	Cannock Phnx	1:14.23
	L 2	Nevada BRIGGS	14	Dove Valley	1:13.89
	L 3	Evelyn DYER	11	Chase	1:13.19
	L 4	Sophie CONWAY	14	Lichfield	1:12.02
	L 5	Grace ALLEN	13	StaffordApex	1:11.43
	L 6	Sophie SMITH	14	Lichfield	1:11.20
H 11	L 1	Elodie ROLLINS	17	Bilston	1:11.07
	L 2	Evie BOND	12	Cannock Phnx	1:10.61
	L 3	Chloe SOMERVILLE	12	StaffordApex	1:10.35
	L 4	Aliyah RUSHTON	12	Cheadle	1:10.31
	L 5	Denni POWERS	14	Bilston	1:08.26
	L 6	Lara BARR	14	Cheadle	1:07.93
H 12	L 1	Chloe DARLING	12	Bilston	1:07.52
	L 2	Katlyn RICHARDSON	13	Bilston	1:05.78
	L 3	Scarlett WILLIAMS	16	Cannock Phnx	1:05.51
	L 4	Lily AUSTIN	15	Bilston	1:05.45
	L 5	Lily-Ann DEAN	16	Bilston	1:05.31
	L 6	Paige WELTON	13	StaffordApex	1:05.10
H 13	L 1	Megan HEWITT	17	Cannock Phnx	1:04.54
	L 2	Charlotte ROE	16	StaffordApex	1:04.22
	L 3	Natalie HAWLEY	16	StaffordApex	1:00.51
	L 4	Maya SMITH	15	Burnley BOBC	1:04.17
	L 5	Elizabeth WOODWARD	15	Cannock Phnx	1:04.30
	L 6	Maddison MCFADDEN	16	Burnley BOBC	1:04.61

Event 320 Boys 09 Yrs/Over 100m IM
Sponsored by The Li Family

H-1	L 2	N MOREIRA	10	Dove Valley	2:15.16
	L 3	Tommy DUFF	10	Dove Valley	2:10.50
	L 4	James GRIGG	9	Heath Town	2:10.00
H-2	L 1	Caden UNDERWOOD	10	Dove Valley	2:00.75
	L 2	Finley HARRISON	10	Cheadle	1:59.67
	L 3	Haydn TOMKINSON-HILL	10	StaffordApex	1:53.15
	L 4	Oliver BURROWS	10	Dove Valley	1:52.25
	L 5	Freddie CLIFTON	9	Cannock Phnx	1:51.38
	L 6	Connor BENDALL	13	StaffordApex	1:50.62
H-3	L 1	Sam WILSON	11	Burnley BOBC	1:50.53
	L 2	Oscar UNDERWOOD	10	Dove Valley	1:50.27
	L 3	Jack VENNEN	9	Broadway M	1:50.00
	L 4	Luke PURNELL	12	Cannock Phnx	1:48.65
	L 5	Ernie KENDERDINE	10	StaffordApex	1:47.77
	L 6	Lucas LAL	9	Bilston	1:45.43
H-4	L 1	Jamie BROWN	12	StaffordApex	1:43.79
	L 2	Alistair DYER	9	Chase	1:42.29
	L 3	Sebastian TRUEMAN	10	Lichfield	1:35.54
	L 4	Alfie REID	13	Cannock Phnx	1:35.00
	L 5	Isaac HEATH	12	Cannock Phnx	1:33.82
	L 6	Brodie HUBBLE	12	Bilston	1:30.57
H-5	L 1	Oliver SPENCER	13	Bilston	1:29.80
	L 2	Benjamin HINDLE	14	Bilston	1:23.95
	L 3	Henry DEAVALL	13	Broadway M	1:22.45
	L 4	Harry OLDHAM	15	Dove Valley	1:21.63
	L 5	Hubert BANAS	14	Bilston	1:21.61
	L 6	Haydon MILLARD	14	Bilston	1:21.00
H-6	L 1	William HORTON	13	Cheadle	1:20.17
	L 2	Fred PORTER	12	StaffordApex	1:19.63
	L 3	Ethan CONROY	15	Burnley BOBC	1:19.13
	L 4	Ethan LI	13	StaffordApex	1:18.69
	L 5	Zak RUSSON	12	Bilston	1:18.19
	L 6	Ewan TERRY	15	Broadway M	1:17.53
H-7	L 1	Edward BULMER	14	Dove Valley	1:17.04
	L 2	Edward KOTARA	14	StaffordApex	1:15.44
	L 3	Anton WOO	16	Dove Valley	1:15.23
	L 4	Jake WEAVELL	15	StaffordApex	1:15.05

	L 5	Vlad CEBOTARI	14	Bilston	1:15.00
	L 6	Finley SPOONER	12	Cheadle	1:14.93
H-8	L 1	Lucas MILLERCHIP	15	Cannock Phnx	1:11.82
	L 2	Ben COOK	13	Burnley BOBC	1:11.07
	L 3	Max EDGINTON	14	Cannock Phnx	1:09.26
	L 4	Roberto CARMONA FOWLER	17	StaffordApex	1:08.97
	L 5	Henry HOLDING	16	Burnley BOBC	1:08.73
	L 6	Matthew JOHNSON	15	Dove Valley	1:08.25
H-9	L 1	Tyler BOTT	16	Cannock Phnx	1:07.84
	L 2	Oliver EDWARDS	17	Dove Valley	1:06.57
	L 3	James SUTTON	19	StaffordApex	1:05.07
	L 4	Thomas BINNS	15	Burnley BOBC	1:06.53
	L 5	Adam BULMER	18	Dove Valley	1:06.90
	L 6	Ashley KEAY	15	StaffordApex	1:08.01

Event 321 Girls 09 Yrs/Over 200m Butterfly

H-1	L 2	Hollie VENNEN	13	Broadway M	3:50.65
	L 3	Megan HEWITT	17	Cannock Phnx	3:25.00
	L 4	Francesca ARMITT	13	Cheadle	3:20.15
H-2	L 1	Lara BARR	14	Cheadle	3:10.05
	L 2	Jasmine BULLOUGH-TEAL	15	Burnley BOBC	2:44.66
	L 3	Brogan MILWARD	14	Cheadle	2:32.30
	L 4	Lily JINKS	12	Cheadle	2:33.40
	L 5	Grace CHURCHILL	15	Bilston	2:58.69

Event 422 Boys 09 Yrs/Over 200m IM
Sponsored by Media Resources

H-1	L 2	Luke PURNELL	12	Cannock Phnx	3:38.38
	L 3	Alistair DYER	9	Chase	3:36.00
	L 4	Jayden LAL	12	Bilston	3:05.78
H-2	L 1	Ethan CONROY	15	Burnley BOBC	3:01.59
	L 2	Michal ZWARDON	13	Burnley BOBC	2:58.60
	L 3	Richard MAAMOUN	12	StaffordApex	2:55.50
	L 4	Henry DEAVALL	13	Broadway M	2:54.86
	L 5	Benjamin HINDLE	14	Bilston	2:54.74
H-3	L 1	Ethan LI	13	StaffordApex	2:51.03
	L 2	Fred PORTER	12	StaffordApex	2:50.73
	L 3	Anton WOO	16	Dove Valley	2:49.15
	L 4	Ewan TERRY	15	Broadway M	2:49.01
	L 5	Hubert BANAS	14	Bilston	2:48.75
	L 6	Adam BULMER	18	Dove Valley	2:47.16
H-4	L 1	Edward KOTARA	14	StaffordApex	2:45.33
	L 2	Oliver SPENCER	13	Bilston	2:44.60
	L 3	Finley SPOONER	12	Cheadle	2:39.01
	L 4	Owen WILSON	13	Burnley BOBC	2:37.61
	L 5	Matthew JOHNSON	15	Dove Valley	2:36.81
	L 6	James SUTTON	19	StaffordApex	2:29.81
H-5	L 1	Ashley KEAY	15	StaffordApex	2:26.44
	L 2	Thomas BINNS	15	Burnley BOBC	2:23.18
	L 3	Ethan WALKER	15	Cheadle	2:16.91
	L 4	Henry HOLDING	16	Burnley BOBC	2:20.93
	L 5	Jamie BALL	18	Burnley BOBC	2:24.65
	L 6	Max EDGINTON	14	Cannock Phnx	2:29.66

Event 423 Girls 09 Yrs/Over 200m Backstroke

H-1	L 2	Isla LOUGHTON	10	Cheadle	4:30.00
	L 3	Imogen WILLIAMS	10	Cheadle	4:30.00
	L 4	Sienna WILLIAMS	9	Cannock Phnx	3:50.00
H-2	L 1	Jenny DELICATA	11	Cheadle	3:45.00
	L 2	Lilly MARSLAND	11	Burnley BOBC	3:40.00
	L 3	Harriet JARMAN	10	Cannock Phnx	3:33.84
	L 4	Brooke BARTLEY	10	Cheadle	3:15.15
	L 5	Francesca ARMITT	13	Cheadle	3:10.55
H-3	L 1	Lily JINKS	12	Cheadle	3:02.71
	L 2	Sophie CONWAY	14	Lichfield	3:00.19
	L 3	Anna SLIUNKOVA	12	Cheadle	3:00.01
	L 4	Miley-Ann BROWN	13	Cheadle	2:57.00
	L 5	Evelyn DYER	11	Chase	2:56.77

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L 6	Isabelle PALING	11	Dove Valley	2:56.75	L 3	Helena LOCMERE	9	Bilston	1:03.38
H-4	L 1 Evie BOND	12	Cannock Phnx	2:54.08	L 4	Isabella WILKIN	9	Cheadle	1:03.18
	L 2 Annabelle CORAM	12	Newcastle St	2:52.44	L 5	Isla LOUGHTON	10	Cheadle	58.89
	L 3 Brogan MILWARD	14	Cheadle	2:50.00	L 6	Sophie THOMAS	9	StaffordApex	55.01
	L 4 Cerys THOMPSON	14	Boldmere	2:44.25	H-2	L 1 Adriana PALMER	10	Lichfield	53.74
	L 5 Charlotte BROOKS	15	Cheadle	2:42.00		L 2 Lauren PURNELL	10	Cannock Phnx	52.79
	L 6 Eleanor FERRIDAY	15	Newcastle St	2:41.00		L 3 Amelia GAZEY	9	StaffordApex	52.35
H-5	L 1 Charlotte ROE	16	StaffordApex	2:37.92		L 4 Sasha SPENCE	10	Lichfield	51.75
	L 2 Lily-Ann DEAN	16	Bilston	2:35.87		L 5 Madeleine WIGGINS	9	Lichfield	50.00
	L 3 Mia PRICKETT	17	Burnley BOBC	2:25.69		L 6 Laila DOUGHTY	10	Heath Town	49.62
	L 4 Paige WELTON	13	StaffordApex	2:34.86	H-3	L 1 Eden MILWARD	9	Cheadle	49.50
	L 5 Maddison MCFADDEN	16	Burnley BOBC	2:36.68		L 2 Imogen WILLIAMS	10	Cheadle	48.00
	L 6 Scarlett WILLIAMS	16	Cannock Phnx	2:40.22		L 3 Iris BANHAM	10	StaffordApex	47.88
						L 4 Eliza RYDER	11	Lichfield	47.82
						L 5 Isabelle REYNOLDS	10	Broadway M	47.79
						L 6 Harriet GREGSON	9	Dove Valley	47.75

Event 424 Boys 09 Yrs/Over 50m Breaststroke
Sponsored by The Porter Family

H-1	L 1 Tyler REARDON	10	StaffordApex		H-4	L 1 Ruby NOLAN	13	StaffordApex	47.72
	L 2 James GRIGG	9	Heath Town	1:11.04		L 2 Emmie RIDGWAY	10	Cannock Phnx	47.49
	L 3 Oscar RUIGROK	10	Lichfield	1:09.00		L 3 Phoenix LE ROUX	10	Cannock Phnx	47.49
	L 4 Jacob VANO	10	Heath Town	1:07.58		L 4 Millie BARKER	12	Dove Valley	46.77
	L 5 John PORTER	10	StaffordApex	1:05.00		L 5 Amelie SPENCE	10	Lichfield	46.58
	L 6 N MOREIRA	10	Dove Valley	1:03.19		L 6 Sienna WILLIAMS	9	Cannock Phnx	46.00
H-2	L 1 Finley HARRISON	10	Cheadle	1:02.43	H-5	L 1 Lily-Rose DAVIS	9	Cannock Phnx	46.00
	L 2 Caden UNDERWOOD	10	Dove Valley	1:02.00		L 2 Elizaveta SANDHU	9	Bilston	45.28
	L 3 Rufus JOYCE	11	StaffordApex	1:01.06		L 3 Lena LLEWELLYN	10	Broadway M	43.55
	L 4 Jack VENNER	9	Broadway M	1:01.00		L 4 D BARKLAM	13	Bilston	43.38
	L 5 Maddox BIDGOOD	10	Lichfield	59.98		L 5 Emily GOMES CANELHAS	10	StaffordApex	43.31
	L 6 Connor BENDALL	13	StaffordApex	58.06		L 6 Iris SCAUNASU	12	Bilston	43.10
H-3	L 1 Ben RUIGROK	11	Lichfield	57.61	H-6	L 1 Jenny DELICATA	11	Cheadle	43.00
	L 2 Freddie CLIFTON	9	Cannock Phnx	57.20		L 2 Olivia NODEN	13	Cheadle	42.76
	L 3 Ernie KENDERDINE	10	StaffordApex	54.24		L 3 Zoe MARSZALEK	11	StaffordApex	42.32
	L 4 Samuel JONES	11	Cannock Phnx	54.00		L 4 Bethany BRINDLEY	9	Cannock Phnx	42.00
	L 5 Sam WILSON	11	Burnley BOBC	52.73		L 5 Harriet TIMMINS	10	Heath Town	41.88
	L 6 Oliver BURROWS	10	Dove Valley	51.21		L 6 Sienna HYLAND	10	Lichfield	41.87
H-4	L 1 Tyler LEWIS	14	Bilston	49.77	H-7	L 1 Sophia CAFFERY	11	Dove Valley	41.29
	L 2 Lucas LAL	9	Bilston	49.76		L 2 Freya BENNETT	11	Bilston	40.73
	L 3 Luke PURNELL	12	Cannock Phnx	49.31		L 3 Izabella RUSSELL	12	Heath Town	40.28
	L 4 Sebastian TRUEMAN	10	Lichfield	48.81		L 4 Grace LAMBERT	11	Bilston	39.48
	L 5 Alfie REID	13	Cannock Phnx	46.53		L 5 Amelia PIGGOTT	10	Bilston	39.31
	L 6 Henry DEAVALL	13	Broadway M	46.17		L 6 Lacey WOOD	11	Dove Valley	39.25
H-5	L 1 Fabio GAMBONE	12	Bilston	44.80	H-8	L 1 Isabelle HEATH	10	Cannock Phnx	39.11
	L 2 Michal ZWARDON	13	Burnley BOBC	43.84		L 2 Cerys HARD	12	Cannock Phnx	39.09
	L 3 Brodie HUBBLE	12	Bilston	43.17		L 3 Natalie PETRICCA	12	Lichfield	38.87
	L 4 Fred PORTER	12	StaffordApex	42.90		L 4 Niamh ARMITT	10	Cheadle	38.86
	L 5 Edward KOTARA	14	StaffordApex	42.81		L 5 Olivia FINLAY	14	Cannock Phnx	38.72
	L 6 Thomas HORTON	13	Cheadle	41.53		L 6 Isabelle GAZEY	11	StaffordApex	38.50
H-6	L 1 William HORTON	13	Cheadle	41.13	H-9	L 1 Ruby WARRILOW	12	Lichfield	38.19
	L 2 Vlad CEBOTARI	14	Bilston	41.08		L 2 Charlotte COOK	10	Burnley BOBC	37.73
	L 3 Edward BULMER	14	Dove Valley	40.45		L 3 Sophie ALLEN	10	StaffordApex	37.72
	L 4 Oliver SPENCER	13	Bilston	40.19		L 4 Jophie HORLESTON	20	Cheadle	37.50
	L 5 Ethan LI	13	StaffordApex	39.80		L 5 Niamh THOMPSON	12	Lichfield	37.40
	L 6 Harry OLDHAM	15	Dove Valley	39.19		L 6 Phoebe BIRCH	13	StaffordApex	37.33
H-7	L 1 Zak RUSSON	12	Bilston	38.81	H 10	L 1 Beau POWERS	10	Bilston	37.17
	L 2 Jake WEAPELL	15	StaffordApex	38.44		L 2 Myia CHARD	13	Heath Town	36.86
	L 3 Lucas MILLERCHIP	15	Cannock Phnx	38.27		L 3 Niamh KENNY	15	StaffordApex	36.76
	L 4 Ewan TERRY	15	Broadway M	38.15		L 4 Matilda WIGGINS	12	Lichfield	36.60
	L 5 Ethan CONROY	15	Burnley BOBC	37.00		L 5 Isabelle AUSTEN	15	StaffordApex	36.53
	L 6 Anton WOO	16	Dove Valley	35.74		L 6 Megan MILNER	13	Cheadle	36.51
H-8	L 1 Eli BOSANQUET	17	StaffordApex	34.43	H 11	L 1 Neave PINNER	12	Lichfield	36.13
	L 2 Adam BULMER	18	Dove Valley	33.74		L 2 Amelia WARRENDER	10	Bilston	36.04
	L 3 Tyler BOTT	16	Cannock Phnx	32.94		L 3 Hollie VENNER	13	Broadway M	35.95
	L 4 Ben COOK	13	Burnley BOBC	33.70		L 4 Maisie-Louise BATE	14	Bilston	35.32
	L 5 Thomas BINNS	15	Burnley BOBC	34.10		L 5 Boglarka MALITS	14	Heath Town	35.12
	L 6 Max EDGINTON	14	Cannock Phnx	35.37		L 6 Lyra ROBINSON	12	Lichfield	34.88
					H 12	L 1 Neave SMITH	15	Burnley BOBC	34.82
						L 2 Ashlan PAISLEY	14	StaffordApex	34.62
						L 3 Camila GARDOS	14	StaffordApex	34.61
						L 4 Scarlett BIRCH	12	StaffordApex	34.52
						L 5 Erin THOMAS	14	Cannock Phnx	34.51
						L 6 Anna SLIUNKOVA	12	Cheadle	34.44

Event 425 Girls 09 Yrs/Over 50m Freestyle
Sponsored By The Thomas Family

H-1	L 1 Phoebe SEGROVE	11	StaffordApex	
	L 2 Ava-Pearl HUTCHINSON	9	Bilston	1:05.00

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H 13	L 1	Olivia THOMAS	13	StaffordApex	34.32
	L 2	Lauren WARD	12	Cannock Phnx	34.27
	L 3	Hannah GRAHAM	14	Burnley BOBC	34.25
	L 4	Erin BYRNE	14	Dove Valley	34.22
	L 5	Francesca ARMITT	13	Cheadle	34.14
	L 6	Isabelle PALING	11	Dove Valley	33.90
H 14	L 1	Miley-Ann BROWN	13	Cheadle	33.62
	L 2	Niamh WHITAKER	12	Burnley BOBC	33.47
	L 3	Natalia MARCZUK	15	Dove Valley	33.36
	L 4	Beaux DELLAWAY	11	Cannock Phnx	33.18
	L 5	Grace CHURCHILL	15	Bilston	32.98
	L 6	Grace ALLEN	13	StaffordApex	32.64
H 15	L 1	Abigail BROWN	14	Dove Valley	32.56
	L 2	Evie BOND	12	Cannock Phnx	32.34
	L 3	Sophie CONWAY	14	Lichfield	32.34
	L 4	Millicent WIGGINS	13	Lichfield	32.10
	L 5	Chloe SOMERVILLE	12	StaffordApex	32.04
	L 6	Sophie SMITH	14	Lichfield	31.90
H 16	L 1	Aliyah RUSHTON	12	Cheadle	31.44
	L 2	Denni POWERS	14	Bilston	31.30
	L 3	Lara BARR	14	Cheadle	31.27
	L 4	Elodie ROLLINS	17	Bilston	31.16
	L 5	Charlotte BROOKS	15	Cheadle	30.42
	L 6	Chloe DARLING	12	Bilston	30.40
H 17	L 1	Paige WELTON	13	StaffordApex	30.29
	L 2	Harriet BEBBINGTON	18	Cheadle	30.00
	L 3	Katlyn RICHARDSON	13	Bilston	29.83
	L 4	Maddison MCFADDEN	16	Burnley BOBC	29.70
	L 5	Elizabeth WOODWARD	15	Cannock Phnx	29.66
	L 6	Charlotte ROE	16	StaffordApex	29.53
H 18	L 1	Scarlett WILLIAMS	16	Cannock Phnx	29.50
	L 2	Mia PRICKETT	17	Burnley BOBC	29.00
	L 3	Natalie HAWLEY	16	StaffordApex	27.28
	L 4	Megan HEWITT	17	Cannock Phnx	28.74
	L 5	Jasmine BULLOUGH-TEAL	15	Burnley BOBC	29.28
	L 6	Cerys THOMPSON	14	Boldmere	29.50

Event 426 Boys 09 Yrs/Over 100m Backstroke
Sponsored by Orbis EV

H-1	L 1	Tommy DUFF	10	Dove Valley	2:05.25
	L 2	Freddie CLIFTON	9	Cannock Phnx	1:49.80
	L 3	Ernie KENDERDINE	10	StaffordApex	1:45.88
	L 4	Connor BENDALL	13	StaffordApex	1:44.63
	L 5	Oscar UNDERWOOD	10	Dove Valley	1:43.50
	L 6	Ben RUIGROK	11	Lichfield	1:42.13
H-2	L 1	Jamie BROWN	12	StaffordApex	1:40.66
	L 2	Alistair DYER	9	Chase	1:39.76
	L 3	Brodie HUBBLE	12	Bilston	1:38.21
	L 4	Oliver BURROWS	10	Dove Valley	1:38.17
	L 5	Isaac HEATH	12	Cannock Phnx	1:33.88
	L 6	Lucas LAL	9	Bilston	1:31.96
H-3	L 1	Sam WILSON	11	Burnley BOBC	1:30.23
	L 2	Tyler LEWIS	14	Bilston	1:28.00
	L 3	Anton WOO	16	Dove Valley	1:26.75
	L 4	Lucas MILLERCHIP	15	Cannock Phnx	1:25.71
	L 5	Fabio GAMBONE	12	Bilston	1:25.29
	L 6	Victor GASZAK	14	Bilston	1:25.18
H-4	L 1	Michal ZWARDON	13	Burnley BOBC	1:21.57
	L 2	Richard MAAMOUN	12	StaffordApex	1:19.09
	L 3	Henry DEAVALL	13	Broadway M	1:15.99
	L 4	Max EDGINTON	14	Cannock Phnx	1:14.50
	L 5	Edward BULMER	14	Dove Valley	1:14.39
	L 6	Ben COOK	13	Burnley BOBC	1:13.97
H-5	L 1	Zak RUSSON	12	Bilston	1:12.29
	L 2	Jake WEAVELL	15	StaffordApex	1:09.42
	L 3	Henry HOLDING	16	Burnley BOBC	1:04.00
	L 4	Ashley KEAY	15	StaffordApex	1:04.26
	L 5	Owen WILSON	13	Burnley BOBC	1:10.39
	L 6	Haydon MILLARD	14	Bilston	1:13.89

Event 427 Girls 09 Yrs/Over 100m IM
Sponsored by The Roe Family

H-1	L 2	Isla LOUGHTON	10	Cheadle	2:10.57
	L 3	Isabelle REYNOLDS	10	Broadway M	2:10.00
	L 4	Eden MILWARD	9	Cheadle	2:05.57
	L 5	Lena LLEWELLYN	10	Broadway M	2:05.00
H-2	L 1	Harriet TIMMINS	10	Heath Town	2:03.00
	L 2	Madeleine WIGGINS	9	Lichfield	2:00.00
	L 3	Izabella RUSSELL	12	Heath Town	2:00.00
	L 4	Lilly MARSLAND	11	Burnley BOBC	2:00.00
	L 5	Sienna WILLIAMS	9	Cannock Phnx	2:00.00
	L 6	Millie BARKER	12	Dove Valley	1:58.41
H-3	L 1	Lily-Rose DAVIS	9	Cannock Phnx	1:58.00
	L 2	Emily GOMES CANELHAS	10	StaffordApex	1:55.56
	L 3	Imogen WILLIAMS	10	Cheadle	1:55.00
	L 4	Bethany BRINDLEY	9	Cannock Phnx	1:55.00
	L 5	Amelia PIGGOTT	10	Bilston	1:54.34
	L 6	Charlotte COOK	10	Burnley BOBC	1:53.31
H-4	L 1	Ruby NOLAN	13	StaffordApex	1:50.14
	L 2	Molly PINNER	12	Lichfield	1:48.96
	L 3	Freya BENNETT	11	Bilston	1:48.07
	L 4	Phoebe BIRCH	13	StaffordApex	1:47.81
	L 5	Harriet JARMAN	10	Cannock Phnx	1:46.57
	L 6	Grace LAMBERT	11	Bilston	1:45.37
H-5	L 1	Boglarka MALITS	14	Heath Town	1:45.00
	L 2	Myia CHARD	13	Heath Town	1:45.00
	L 3	Lacey WOOD	11	Dove Valley	1:44.77
	L 4	Matilda WIGGINS	12	Lichfield	1:40.99
	L 5	Zoe MARSZALEK	11	StaffordApex	1:40.94
	L 6	Neave PINNER	12	Lichfield	1:40.00
H-6	L 1	Jenny DELICATA	11	Cheadle	1:40.00
	L 2	Cerys HARD	12	Cannock Phnx	1:38.65
	L 3	Isabelle GAZEY	11	StaffordApex	1:38.61
	L 4	Olivia FINLAY	14	Cannock Phnx	1:38.44
	L 5	Hollie VENNEN	13	Broadway M	1:37.13
	L 6	Natalie PETRICCA	12	Lichfield	1:37.00
H-7	L 1	Isabelle HEATH	10	Cannock Phnx	1:36.83
	L 2	Brooke BARTLEY	10	Cheadle	1:36.65
	L 3	Niamh THOMPSON	12	Lichfield	1:36.38
	L 4	Sophie ALLEN	10	StaffordApex	1:34.28
	L 5	Megan MILNER	13	Cheadle	1:33.23
	L 6	Niamh KENNY	15	StaffordApex	1:32.71
H-8	L 1	Olivia THOMAS	13	StaffordApex	1:32.04
	L 2	Natalia MARCZUK	15	Dove Valley	1:32.03
	L 3	Lyra ROBINSON	12	Lichfield	1:31.24
	L 4	Erin THOMAS	14	Cannock Phnx	1:31.20
	L 5	Miley-Ann BROWN	13	Cheadle	1:30.37
	L 6	Lauren WARD	12	Cannock Phnx	1:28.00
H-9	L 1	Beaux DELLAWAY	11	Cannock Phnx	1:27.92
	L 2	Ashlan PAISLEY	14	StaffordApex	1:27.55
	L 3	Erin BYRNE	14	Dove Valley	1:27.28
	L 4	Neave SMITH	15	Burnley BOBC	1:27.14
	L 5	Camila GARDOS	14	StaffordApex	1:26.39
	L 6	Isabelle PALING	11	Dove Valley	1:25.34
H 10	L 1	Scarlett BIRCH	12	StaffordApex	1:25.17
	L 2	Millicent WIGGINS	13	Lichfield	1:24.77
	L 3	Grace ALLEN	13	StaffordApex	1:23.98
	L 4	Niamh WHITAKER	12	Burnley BOBC	1:23.84
	L 5	Hannah GRAHAM	14	Burnley BOBC	1:23.62
	L 6	Evie BOND	12	Cannock Phnx	1:23.53
H 11	L 1	Aliyah RUSHTON	12	Cheadle	1:23.36
	L 2	Evelyn DYER	11	Chase	1:23.27
	L 3	Sophie SMITH	14	Lichfield	1:22.92
	L 4	Katlyn RICHARDSON	13	Bilston	1:22.04
	L 5	Chloe SOMERVILLE	12	StaffordApex	1:21.52
	L 6	Elodie ROLLINS	17	Bilston	1:19.76
H 12	L 1	Lara BARR	14	Cheadle	1:19.27
	L 2	Chloe DARLING	12	Bilston	1:18.98
	L 3	Lily JINKS	12	Cheadle	1:16.12

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	L 4	Brogan MILWARD	14	Cheadle	1:15.99
	L 5	Cerys THOMPSON	14	Boldmere	1:15.88
	L 6	Natalie HAWLEY	16	StaffordApex	1:15.09
H 13	L 1	Charlotte ROE	16	StaffordApex	1:13.33
	L 2	Lily-Ann DEAN	16	Bilston	1:12.41
	L 3	Harriet BEBBINGTON	18	Cheadle	1:10.00
	L 4	Megan HEWITT	17	Cannock Phnx	1:11.66
	L 5	Jasmine BULLOUGH-TEAL	15	Burnley BOBC	1:12.91
	L 6	Charlotte BROOKS	15	Cheadle	1:13.44

Event 428 Boys 09 Yrs/Over 200m Butterfly
Sponsored by The Li Family

H-1	L 1	Hubert BANAS	14	Bilston	2:57.24
	L 2	Jamie BALL	18	Burnley BOBC	2:29.51
	L 3	Oliver EDWARDS	17	Dove Valley	2:26.02
	L 4	Owen WILSON	13	Burnley BOBC	2:29.20
	L 5	Finley SPOONER	12	Cheadle	2:50.92
	L 6	Jayden LAL	12	Bilston	3:07.91

**WE LOOK FORWARD TO SEEING YOU AT OUR
NEXT GALA, DETAILS OVERLEAF**



STAFFORD APEX SWIMMING CLUB
(Affiliated to ASA Midland District and Staffordshire ASA)

STAFFORD APEX WINTER OPEN MEET 2023

(Under ASA Laws and ASA Technical Rules for Swimming)

PROGRAMME OF EVENTS

FRIDAY 24TH NOVEMBER

SESSION ONE

Warm up 18:30 Start 19:00 Finish 21:00

- Event 1 Girls 800 M Freestyle
- Event 2 Boys 800 M Freestyle
- Event 3 Girls 1500 M Freestyle
- Event 4 Boys 1500 M Freestyle
- Event 5 Girls 400 M IM
- Event 6 Boys 400 M IM

SATURDAY 26TH NOVEMBER

SESSION TWO

Warm up 11:30 Start 12:30

- Event 7 Boys 200 M Butterfly
- Event 8 Girls 50 M Breaststroke
- Event 9 Boys 50 M Backstroke
- Event 10 Girls 200 M Backstroke
- Event 11 Boys 100 M Butterfly
- Event 12 Girls 100 M Freestyle
- Event 13 Boys 100 IM

SESSION THREE

Warm up TBC Start TBC

- Event 14 Girls 200 M Freestyle
- Event 15 Boys 200 IM
- Event 16 Girls 100 M Backstroke
- Event 17 Boys 100 M Breaststroke
- Event 18 Girls 50 M Butterfly
- Event 19 Boys 50 M Freestyle
- Event 20 Girls 200 M Breaststroke

SUNDAY 27TH NOVEMBER

SESSION FOUR

Warm up 08.15 Start 08.30

- Event 21 Girls 400m Freestyle
- Event 22 Boys 400m Freestyle

SESSION FIVE

Warm up 09.30 Start 10:30

- Event 23 Girls 200 M Butterfly
- Event 24 Boys 50 M Breaststroke
- Event 25 Girls 50 M Backstroke
- Event 26 Boys 200 M Backstroke
- Event 27 Girls 100 M Butterfly
- Event 28 Boys 100 M Freestyle
- Event 29 Girls 100 IM

SESSION SIX

Warm up TBC Start TBC

- Event 30 Boys 200 M Freestyle
- Event 31 Girls 200 IM
- Event 32 Boys 100 M Backstroke
- Event 33 Girls 100 M Breaststroke
- Event 34 Boys 50 M Butterfly
- Event 35 Girls 50 M Freestyle
- Event 36 Boys 200 M Breaststroke

****Please note session times may change due to the number of entries received****