



**STAFFORD APEX SWIMMING CLUB**

(Affiliated to West Midland Region and Staffordshire ASA)

**STAFFORD APEX SUMMER OPEN MEET 2024**

(Swim England Regulations and World Aquatic Technical Rules of Swimming)

**License No. 4WM240579**

**SATURDAY 22<sup>nd</sup> & SUNDAY 23<sup>rd</sup> JUNE 2024**

**VENUE:**

Freedom Leisure Centre, Lamascote Road, Stafford, ST16  
3TA

**POOL:**

8 Lane - 25m pool - electronic timing –  
anti-turbulence lane ropes

**This is a Level 3 Licensed Meet**

**AGE:** as at 22<sup>nd</sup> June 2024

**CLOSING DATE:** 26<sup>th</sup> May 2024 or until the gala is full

Entries are on a first come first served basis

**ENTRIES WILL OPEN ON 14<sup>TH</sup> FEBRUARY 2024**



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(Swim England Regulations and World Aquatic Technical Rules of Swimming)

## PROGRAMME OF EVENTS

### SATURDAY 22<sup>ND</sup> JUNE

#### SESSION ONE

Warm up 11:30 Start 12:30

- Event 1 Female 200 M Freestyle
- Event 2 Open/Male 200 M Freestyle
- Event 3 Female 100 M Breaststroke
- Event 4 Open/Male 100 M Breaststroke
- Event 5 Female 50 M Butterfly
- Event 6 Open/Male 50 M Freestyle
- Event 7 12 Years & Under Female 4 x 50 M Freestyle Relay
- Event 8 13 Years & Over Female 4 x 50 M Freestyle Relay
- Event 9 12 Years & Under Open/Male 4 x 50 M Freestyle Relay
- Event 10 13 Years & Over Open/Male 4 x 50 M Freestyle Relay

#### SESSION TWO

Warm up TBC Start TBC

- Event 11 Open/Male 200 M Backstroke
- Event 12 Female 200 M Backstroke
- Event 13 Open/Male 100 M Freestyle
- Event 14 Female 100 M Freestyle
- Event 15 Open/Male 50 M Breaststroke
- Event 16 Female 50 M Breaststroke
- Event 17 Open/Male 200 M Butterfly
- Event 18 Female 200 M Butterfly

### SUNDAY 23<sup>RD</sup> JUNE

#### SESSION THREE

Warm up 08.30 Start 09:30

- Event 19 Female 200 M Ind. Medley
- Event 20 Open/Male 200 M Ind. Medley
- Event 21 Female 100 M Backstroke
- Event 22 Open/Male 100 M Backstroke
- Event 23 Female 50 M Freestyle
- Event 24 Open/Male 50 M Butterfly
- Event 25 12 Years & Under Female 4 x 50 M Medley Relay
- Event 26 13 Years & Over Female 4 x 50 M Medley Relay
- Event 27 12 Years & Under Open/Male 4 x 50 M Medley Relay
- Event 28 13 Years & Over Open/Male 4 x 50 M Medley Relay

#### SESSION FOUR

Warm up TBC Start TBC

- Event 29 Open/Male 200 M Breaststroke
- Event 30 Female 200 M Breaststroke
- Event 31 Open/Male 100 M Butterfly
- Event 32 Female 100 M Butterfly
- Event 33 Open/Male 50 M Backstroke
- Event 34 Female 50 M Backstroke
- Event 35 Open/Male 100 M Ind. Medley
- Event 36 Female 100 M Ind. Medley

\*\*Please note session times may change due to the number of entries received\*\*



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**SPECTATORS** Entry £6.00 per day (£4 half day). OAP/Concessions £3.00 entry per day (£2 half day). Children under 5 years free to all sessions. Payment is required for the full day and a refund will be given on handing back of the wristband before warm up of the second session. Spectator seating is capped to 200 spectators and will be on a first come first served basis.

**REFRESHMENTS** An extensive selection of hot food and drinks can be purchased from the cafe located in the main reception area of the leisure centre, subject to availability.

**OFFICIALS** It is requested that all clubs provide at least two licensed officials for each day and session please. Complimentary lunch/tea after the first session and drinks will be provided both days.

**Any club who provides 3 or more officials will receive 2 free coach passes for the weekend**

**MEET CONDITIONS**

The competition will be held under Swim England Regulations and World Aquatic Technical Rules of Swimming at Stafford Leisure Centre.

- 25m pool, 8 lanes with anti-turbulence lane ropes.
- Electronic timing with 8-lane scoreboard is to be used in conjunction with a computerised result service.
- Backstroke ledges will be available to use at this event.
- A secondary strobe for the starting system is available.
- Results will be displayed during the meet and a full set will be published on the Stafford Apex website.

The competition is open to swimmers 9 years and over. Age is at 22<sup>nd</sup> June 2024. All competitors must be registered with Swim England or their own national association as appropriate.

The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

Individual awards for the first three places in each event in the following age groups:

- 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs and 16yrs/over and may be collected from the designated collection point.
- Relay Teams will gain an award for the first three places in each age group
- £50 cash award for Top Club.

**The use of cameras and video recording is not permitted.** This includes mobile phones with a camera facility.



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- All participants must observe the safety precautions in operation at Stafford Leisure Centre and **must** wear footwear when leaving the pool area. Neither Stafford Apex Swimming Club or Freedom Leisure can be held responsible for loss or damage to spectators or competitor's property. Competitors are advised to use the lockers in the changing rooms and not to leave belongings lying around unattended.

Entries will be accepted in accordance with the **Entry Procedures**.

- All events are **HEAT DECLARED WINNER**
- Over the top starts may be used, when necessary, to maintain the scheduled timing of events.

It is the responsibility of **Team Managers** and **Coaches** to check start lists for each event to ensure that their competitors are recorded correctly and that they report to the Marshalling Stewards in time for the start of their race.

If cancellation of the event is necessary then the only claim will be the entry fees paid.

The Meet Administrator will decide anything not covered by these notes.

**ENTRY PROCEDURES**

- Application for entry must be correctly submitted by the specified date 26<sup>th</sup> May 2024, and on the Sports System entry file.
- Entries received without payment will not be processed.
- Entries should be made electronically using SportsSystem software, the entry pack/files can be obtained by emailing [galas.staffordapex@gmail.com](mailto:galas.staffordapex@gmail.com). It will also be available on our website [www.staffordapex.com](http://www.staffordapex.com).
- Entries, summary sheets and coach pass applications should be emailed to: [galas.staffordapex@gmail.com](mailto:galas.staffordapex@gmail.com). No paper entries are accepted.
- Entry fee: £7.00 per event
- Coach Passes: £10.00 per day or £18.00 for a weekend pass.
- BACS payment can be made to 'Stafford Apex SC' Sortcode: 08-92-99. Account number: 65812408, Ref: Your Club Name + SM24
- The date that entries are received will be classified as the entry date.
- Qualifying times will be accepted to all events.
- Entry times must not be faster than the published upper qualifying times and must have been achieved since 1<sup>st</sup> April 2023.
- If an individual event is oversubscribed, entries will be accepted on a first come first served basis.



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- Relay Teams – start sheets/participants will be required at the start of the day and ages will be checked against Swim England to make sure participants are eligible, teams will be disqualified if they swim swimmers that are not the correct age category.

The planned start times each day are as per the programme of events however confirmed start times for all sessions will be advised with the accepted entries.

- Entry times are to be converted to 25m pool length.
- Heats will be seeded according to submitted entry times.
- Poolside entries will not be accepted.
- Coaches' passes cannot be purchased on the day of the Meet.
- Passes will be inspected each day to authorise poolside access.
- It is the responsibility of attending clubs to ensure that poolside passes are issued only to people who have an up-to-date DBS.

The competitor's club shall be responsible for:

- checking and validating the entry forms and fees
- entering the information from the entry forms into a database using a computer programme provided
- returning the entry files electronically by email to the Meet Administrator
- the entries summary form with one payment per club by email
- informing the Meet Administrator of any relevant health conditions and/or allergies.

A list of all accepted and rejected swims will be posted to the Stafford Apex website shortly after the closing date has passed. Rejected swims will be given full refunds. Once entries have been accepted, no refunds will be given unless supported by a valid doctor's certificate.

*The club co-ordinator is responsible for checking the accepted entry lists posted on the Stafford Apex website and reporting any errors and discrepancies to the Meet Administrator. Known errors should be reported before the day of meet, no changes will be made on the day.*

Any enquiries can be made by emailing [galas.staffordapex@gmail.com](mailto:galas.staffordapex@gmail.com)

**WITHDRAWAL PROCEDURE**

In order to facilitate a smooth running of the event, any withdrawals should be made by 6pm on 21st June 2024. Please email withdrawal notification to: [galas.staffordapex@gmail.com](mailto:galas.staffordapex@gmail.com) or text the gala team 07368 941479 stating competitor name, club, Swim England number and the event(s) that they wish to withdraw from.



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**ENTRY FORM**

ENTRY TO THIS MEET WILL BE ON A FIRST COME FIRST SERVED BASIS

**STAFFORD APEX SWIMMING CLUB LEVEL 3 SUMMER OPEN MEET**

(Please complete in block capitals)

Club.....

Forename.....Surname.....

SE Reg No..... Open Male / Female

Date of Birth.....

Age as at 22<sup>nd</sup> June 2024.....

Address  
 .....

Post Code..... Tel Number: .....

Email address.....

Event Entry	Time	Event Entry	Time
50m Freestyle		50m Breaststroke	
100m Freestyle		100m Breaststroke	
200m Freestyle		200m Breaststroke	
50m Butterfly		50m Backstroke	
100m Butterfly		100m Backstroke	
200m Butterfly 10+		200m Backstroke	
200m IM		100m IM	

Number of entries ..... @ £7.00 per event .....

Total entries .....

Total Amount .....

Signature of Competitor..... Date .....

**THIS FORM IS FOR CLUBS INTERNAL USE ONLY – NO PAPER ENTRIES WILL BE ACCEPTED  
 SPORTSYSTEM FILE ENTRIES ONLY**



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**STAFFORD APEX SWIMMING CLUB SUMMER OPEN MEET**

Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> June 2024

License Number 4WM240579

Swim England Regulations and World Aquatic Technical Rules of Swimming

LEVEL 3 OPEN MEET

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**POOLSIDE PASS APPLICATION**

This form should be used only for applying for poolside passes.

Clubs must have swimmers competing to obtain a poolside pass.

Club Name:	
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Person's Name	DBS Number:

**DBS Number must be supplied in advance of the meet**

**Poolside passes will not be issued unless a valid DBS number has been provided.**

Poolside Pass	Quantity	Total
One day pass only @ £10 per day		
Weekend pass (Saturday and Sunday) @ £18		

I certify that all the above details are correct and that I will abide with the promoter's conditions:

Signed (Club Official): ..... Date: .....



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Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> June 2024

License Number 4WM240579

Swim England Regulations and World Aquatic Technical Rules of Swimming

LEVEL 3 OPEN MEET

ENTRY TO THIS MEET WILL BE ON A FIRST COME FIRST SERVED BASIS

## SUMMARY OF ENTRIES

This form should be used as a summary of entries and coaches passes (separate application form required).

Entry to poolside will not be permitted without a coaches' pass.

Club:		Poolside passes required:	
	Quantity		Total
Total Ind. Entries		@ £7.00 per event	£
Total No. Relay Teams			
12Yrs Under Female Free 12Yrs Under Open/Male Free 13Yrs Over Female Free 13Yrs Over Open/Male Free		@ £7.00 per event	
Total No. Relay Teams			
12Yrs Under Female Medley 12Yrs Under Open/Male Medley 13Yrs Over Female Medley 13Yrs Over Open/Male Medley		@ £7.00 per event	
Poolside Passes (1 day pass)		@10 each	£
Poolside Passes (full weekend)		@18 each	£
		TOTAL	£

Payment by BACS transfer as per terms and conditions

Sort code: 08-92-99. Account number: 65812408

Please use Your Club Name + SM24 as payment reference

I certify that all the above details are correct and that I will abide with the promoter's conditions:

Signed (Club Official): ..... Date: .....

All entries accepted on a first come first served basis, The date that entries are received is the date the Meet Administrator has the completed SportSystems entry file, summary sheet and payment.





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Qualifying times for Stafford Apex Level 3 Summer Open Meet 22<sup>nd</sup> and 23<sup>rd</sup> June 2024

Entry times must not be faster than those listed below

Open/Male Senior	Open/Male (Age 15 or under)	EVENT	Female (Age 15 or under)	Female Senior
00:24.00	00:25:21	50m Freestyle	00:27:68	00:26:41
00:52.97	00:54:58	100m Freestyle	01:00:00	00:58:47
01:56:65	01:59:59	200m Freestyle	02:10:30	02:07:53
00:30:54	00:30:54	50m Breaststroke	00:34:33	00:34:33
01:07:52	01:09:52	100m Breaststroke	01:16:63	01:15:15
02:28:20	02:32:45	200m Breaststroke	02:44:76	02:42:39
00:26:02	00:26:02	50m Butterfly	00:28:93	00:28:93
00:57:77	00:59:39	100m Butterfly	01:05:85	01:04:34
02:11:09	02:13:82	200m Butterfly	02:25:90	02:24:34
00:27:90	00:27:90	50m Backstroke	00:30:87	00:30:87
00:59:98	01:01:40	100m Backstroke	01:07:57	01:06:03
02:11:83	02:14:01	200m Backstroke	02:25:59	02:22:79
1:01.80	1:00.80	100m Ind. Medley	1:06.50	1:05.7
02:11:71	02:15:27	200m Ind. Medley	02:27:78	02:24:73